



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Tirocinio

2425-1-E3901N020

Learning objectives

Encourage reflection on oneself, on one's own motivations, attitudes, relational skills.

- Gradually approach the social work reflecting about personal foreshadowing, image in public opinion, a reality known through readings, videos, meetings and interviews.
- Develop the skills of observation, exploration and understanding of the area / community membership (socio-demographic, institutional, personal services dimensions).
- Acquire a method of analysis of the context and situations, of processing experience.
- Improve speaking skill and written communication.
- Learning to work in group.

Contents

Those are the three macro topics that will be the main focus of the lessons:

1. the self;
2. the professional figure of the social worker;
3. the territory / community to which they belong.

Detailed program

THE TERRITORY / THE COMMUNITY :

- The characteristics of significant context from the point of view of the social worker's work.

- The information and data mean on the population, even in comparison with more territorial aggregations broad.
- The panorama of actors (public and private) that contribute to the creation of the system of services / interventions/resources on the territory of the Municipality, the area, the ASST and the ATS.
- The role of local administrators.
- THE SOCIAL WORKER:
- The social worker (who she is, where she works, who she works with, what she does): from the prefiguration to reality.
- The social worker's relationship with people who need help.
- The relationship with other internal and external professionals of the social worker's service.
- The work of the social worker in relation to the resources of the territory.
- THE SELF
- Your motivations, at the beginning and at the end of the course.
- An analysis of your own strengths and weaknesses, with identification of the areas you think you need to address invest in the next years.
- Your own fears / worries and expectations / hopes, especially at the end of the course.
- Your own characteristics which you believe make you more or less inclined to work with certain age groups

Prerequisites

Good speaking and writing skills.

Willingness to get involved and work on yourself.

Adequate propensity to research and recognize one's motivations for the profession.

Teaching methods

Individual, group and plenary work, exercises, reflections and discussions will be proposed,

Simulations, expert testimony, viewing of audiovisuals, readings and written productions.

In relation to the objectives training and to the macro thematic area addressed, the proposed works will be solicited from a prepared form / outline

by the teacher or elaborated together with the students during the lessons.

With reference to the belonging territory / community to which they, each student will activate a research and exploration aimed at approaching needs and problems, services and resources; such research

it will include two interviews with social workers (from different services).

The class group will be able to represent, for everyone, the space-time container of reflection, re-elaboration and recomposition of the internship experience, in its various aspects (individual and group work, relational experiences inside and outside the classroom).

Individual interviews are scheduled during the year, for in-depth analysis and monitoring of the course, at the request of the

teacher or student.

Assessment methods

The final test will be an essay where the student will resume the experience as a whole,

also taking up and reworking the texts produced during the year.

Further evaluation elements will be:

- attendance (minimum 75%);
- active participation in group and plenary work;
- the progressive acquisition of a professional thinking and approach.

Textbooks and Reading Materials

Campanini Annamaria (a cura di), Nuovo dizionario di servizio sociale, Carocci Faber, Roma, 2022.

Luppi Maria et al. (a cura di), Sguardi sul servizio sociale. Esperienze e luoghi di una professione che cambia, Franco Angeli, Milano, 2016.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
