

## COURSE SYLLABUS

### **Biochemistry of Natural Compounds**

**2425-1-F0601Q106**

---

#### **Aims**

The teaching of Biochemistry of natural substances aims to provide knowledge about the secondary metabolism of plants, with particular insights into the applications of secondary metabolites in the pharmaceutical, nutraceutical and food fields.

1. Knowledge and understanding - the course provides in-depth knowledge regarding the mechanisms of the biosynthesis of secondary metabolites in plant systems.
2. Ability to apply knowledge and understanding - at the end of the course the students will have acquired scientific knowledge regarding the metabolic pathways of plants and their role in human health and will be able to understand the link between secondary metabolites and applications in the pharmaceutical and nutritional.
3. Making judgments - the knowledge acquired will give students the skills to evaluate the different categories of secondary metabolites such as bioactive molecules to be used as drugs, nutraceuticals and foods.
4. Communication skills - at the end of the course the students will have acquired the ability to present the topics covered orally with language properties.
5. Learning skills - at the end of the course, the students will have acquired the ability to critically read and discuss the scientific literature relevant to the topics covered and related subjects.

#### **Contents**

Distribution and characterization of natural substances in plants. Sites of synthesis and accumulation. Secondary metabolism: the biosynthetic bricks, the mechanisms of synthesis. Role of secondary metabolites in plant defense mechanisms. The acetate, shikimate, mevalonate and methyl erythritol phosphate pathways. Biosynthesis of terpenoids, from monoterpenes to polyterpenes. Alkaloids. Applications of secondary metabolites in the pharmaceutical and nutritional fields.

## **Detailed program**

The teaching of Biochemistry of natural substances has as its main objective the acquisition of the processes that regulate the biosynthesis of the main secondary metabolites of plant origin of pharmacological and nutraceutical interest, also considering their role in plant defense mechanisms. Introductory part: review of the reactions involved in the main metabolic pathways and of the main classes of primary metabolites. General scheme of the main synthesis pathways of secondary metabolites in plant systems. The acetate pathway: fatty acids and polyketides. The shikimate pathway: aromatic amino acids and phenylpropanoids. Aromatic polyketides: curcumin and its biosynthetic pathway. Flavonoids and stilbenes. Combretastatins: vegetable stilbenes of particular pharmacological interest. The antioxidant power of dietary flavonoids including resveratrol, quercetin, kaempferol and catechins. Mevalonate and methylerythritol phosphate pathways: terpenoids and their biological role. The biosynthetic pathway of artemisinin: a sesquiterpene with antimalarial activity. Taxol: its discovery, its synthesis and its use as an anticancer drug with antimitotic action. Ginsenosides, phytosterols and cardioactive glycosides. Alkaloids: biosynthetic pathway, structural elements, classification and biological properties. Aquatic autotrophic organisms: sources of bioactive molecules with high added value. During the course, ample space will be given to the discussion of scientific publications that identify some of the metabolites described as bioactive molecules to be used as drugs, nutraceuticals and foods. Compatibly with access availability, some lessons may be held at the Vivaio Bicocca. The topics of this teaching are closely connected with the issue of ecological transition and with the "One health laboratory: from the environment to health" of the second semester of the Biology degree course in which the bioactive compounds, extracted from plant matrices, will be tested on specific cellular systems.

## **Prerequisites**

The student who attend the course must have a good knowledge on the main classes of natural organic substances treated in the basic courses of organic chemistry and biochemistry.

## **Teaching form**

Lessons will take place in person. They will be organized with a frontal part, in which the main concepts will be presented by the teacher, and an interactive part with the students for discussion and in-depth analysis. Some lessons will be fully interactive, in a journal club mode, with students discussing scientific articles. Frontal lessons with powerpoint presentations.

## **Textbook and teaching resource**

Recommended texts:

Paul M. Dewick "Chemistry, biosynthesis and activity of natural substances" Piccin

Lectures with powerpoint presentations and discussion of scientific articles on topics covered and on some insights.

## **Semester**

First semester.

## **Assessment method**

Profit will be assessed through an oral exam, in which the student's ability to connect the different topics in a critical way will be assessed through 3-4 questions. There are no ongoing tests.

## **Office hours**

By appointment writing to the teacher: [paola.coccetti@unimib.it](mailto:paola.coccetti@unimib.it).

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

---