



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Laboratorio: Gestione del Conflitto nelle Relazioni Affettive - Turno B

2425-2-F5107P023-TB

Learning area

Models and Techniques for intervention and rehabilitation

Learning objectives

Knowledge and Understanding

The goal of the laboratory is to provide knowledge on the relational dynamics of conflict in affective relationships, with particular reference to:

the processes of co-regulation of emotions

the evolutionary processes of co-dependence

negotiation and mediation in interpersonal processes

functional and dysfunctional relational styles in conflict management

communication processes in managing conflict in affective relationships***

Ability to Apply Knowledge and Understanding

Develop the ability to apply knowledge in understanding the main dynamics that lead to conflict processes in affective relationships

Identification and understanding of personal and interpersonal features that characterize conflict management styles and main intervention methods of relational nature

Develop the ability to apply knowledge and understanding to promote functional processes in communicative dynamics and emotional regulation

Identification and understanding of personal and interpersonal features that characterize conflict management styles and main intervention methods of relational nature

Develop the ability to apply knowledge and understanding to promote functional processes in communicative

dynamics and emotional regulation

Contents

Detailed program

Prerequisites

Teaching methods

Assessment methods

Textbooks and Reading Materials

Sustainable Development Goals
