UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Laboratorio:colloquio:metodi e Casi Clinici Esemplificativi - Turno C

2425-3-E2401P124-TC

Learning area

4: Knowledge about qualitative and quantitative research methodology

Learning objectives

Knowledge and understanding

- General topics and methodological approaches related to psychological diagnosis
- Clinical reasoning
- Data organisation

Applying knowledge and understanding

- The different contexts in which a clinical interview is used
- Ability to extrapolate data and formulate hypotheses by reading/listening to patient protocols
- Writing a report

Contents

The course will introduce the topic of analysis and codification of clinical sessions, in order to show how the information collected during the session, and the observation of the interaction between patient and therapist, can be used for clinical case formulation in professional and research contexts. Practical examples of patient/therapist

interactions will be discussed in the light of recent scientific contributions.

Detailed program

• Theoretical introduction to the process of analysis and coding of the clinical session for diagnostic purposes and case formulation.

• Usefulness of the clinical session analysis in research and clinical work.

• Psychological assessment and treatment settings as privileged contexts for clinical observation.

• Basic background on the methods and tools of psychological assessment.

• Relevant areas and constructs for understanding psychological functioning and their observation in the clinical session.

• The principal methods and tools of clinical session analysis and coding.

Prerequisites

Basic knowledge about clinical psychology.

Good knowledge of written English.

Computer familiarity (Office package or equivalents).

Teaching methods

Clinical exemplifying material; presentation of relevant topics; discussion and operative work activities in class; consultation of relevant book material and scientific papers.
The lab will be delivered in interactive mode.

Assessment methods

In order to have the attendance to the course approved, students will need to be present to at least 75% of the classes and take part to a few didactic activities during the course.

Textbooks and Reading Materials

• Jones, E. E. (2000). *L'azione terapeutica*. Cortina, Milano, 2008.

• McWilliams, N. (2002). *Il caso clinico. Dal colloquio alla diagnosi*. Milano: Raffaello Cortina Editore.

It will be useful/necessary to have copies of the following texts to use during class:

• PDM Task Force (tr. it. 2017), *Psychodynamic Diagnostic Manual 2?? Edition (PDM-2).*

• A.P.A. (tr. it. 2023)*. DSM-5-TR*. Milano: Raffaello Cortina.

Further useful material will be communicated through the e-learning page of the course.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING