UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Sicurezza sul terreno

2425-1-E3401Q033

Aims

The course aims to provide students with the basis for a safe approach to outdoor field activities.

Contents

The course consists of both therorercical lessons and field activity on different topics related to safety problems during field work activities.

Detailed program

The course consists of five mandatory activities to obtain 1 formative credit (CFU):

1 - on-line lectures about first aid procedures to adopt during field work.

2 - in person lecture held by field guides of **InCordata** school. The lecture will be about proper clothing and equipment; preparation of the field trip; weather forecast; orienting - GPS; safety and rescue in the mountains

3 - self medical history to assess the eligibility for field activities, in particular those activities at high altitudes.

4 - one-day field trip held by field guides of **InCordata** school.

Prerequisites

none

Teaching form

As detailed in the course syllabus, the course includes both in-person and on-line lectures, and a one-day field trip.

Textbook and teaching resource

Slides of lecture presentations

Semester

Fall semester

Assessment method

When the mandatory activities are completed, the student must enrol on a final test to obtain 1 formative credit (1 CFU) as indicated by the "Regolamento Didattico" of the Bachelor's Program.

Office hours

For additional information you could contact us by email at rosario.esposito@unimib.it or geo.didattica@unimib.it

Sustainable Development Goals