UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Laboratory 7

2526-3-E3901N063

Learning objectives

1. Knowledge and understanding
   Know the main areas of intervention and the institutional, community, and family contexts related to the field of elderly care.

Understand the specific features and challenges of social work with older adults, with particular attention to frailty, lack of self-sufficiency, loneliness, and the network of available services.

2. Applying knowledge and understanding
   Apply tools and techniques for needs assessment in complex situations involving elderly individuals.

Develop and implement personalized intervention projects aimed at supporting frailty and enhancing individual, family, and community resources.

3. Making judgements
   Critically evaluate the social, cultural, and institutional contexts and dynamics that influence the condition of older people.

Formulate intervention strategies based on ethical, legal, and professional principles.

4. Communication skills
   Communicate effectively with older people, family members, caregivers, multidisciplinary teams, and institutions.

5. Learning skills
   Recognize the need for continuous updating in response to the evolution of social policies and the needs of the elderly population.

Develop a reflective approach to one's professional practice, integrating theory, practice, and supervision.

Contents

During the lessons students will be accompanied in the knowledge of different areas and intervention projects of the elderly area.

The path through meetings with experts and educational outings, is an opportunity for reflection and comparison with respect to the role that the social worker can have in helping relationships with elderly people and their families, but also to promote individual group and community resources.

Detailed program

The course will address the following topics, adapting them based on the knowledge and interests of the participating students:

Socio-demographic and regulatory framework on aging.

Stereotypes and prejudices (ageism).

Social policies and welfare models in support of the elderly.

Active aging.

Elderly people and caregivers.

Dementia.

Social services and interventions for the elderly population: the role of the social worker.

Multidimensional assessment and personalized care planning.

Ethical and deontological aspects of social work with older people

Prerequisites

Sufficient educational skills in logic, social culture and reasonable capacities in learning, writing and communication

Teaching methods

8 lessons, each lasting 3 hours, structured as follows:
6 lessons divided into two parts: the first part will consist of traditional teaching (frontal lecture with theoretical framework), and the second part will involve interactive learning (exercises and group work).

2 lessons will be dedicated to educational field trips.

Assessment methods

The assessment of the workshop-based course, marked as “approved/not approved,” will be based on:
-the student’s active participation in the proposed activities
-the level of knowledge and ability to apply the theoretical concepts presented in class
-technical and critical thinking autonomy in case simulations and practical exercises

Textbooks and Reading Materials

Pavesi N. (a cura di), “Il lavoro sociale con gli anziani”, Erickson, 2013

Taccani P., “*Lavoro di cura e automutuo aiuto. Gruppi per caregiver di anziani non autosufficienti”*, Franco Angeli, 2010

Treu T., *“L’importanza di essere vecchi. Politiche attive per la terza età”*, Il Mulino, 2013

AA. VV “*Il sostegno ai caregiver familiari di anziani a Torino. Un sistema articolato di percorsi di supporto”* in Prospettive sanitarie e sociali, n° 4-2015

Sapio A. (a cura di) *“Famiglie, reti familiari e cohousing”*, Franco Angeli 2010

Noli Marco*, “PI e PAI espressione della visione della persona anziana” in* I Luoghi della Cura n° 5-2019

Longoni, B (a cura di)
L’assistente sociale nei servizi per anziani e per anziani con demenza. Percorsi di ruolo, riflessioni e strumenti a partire dall’esperienza - Quanderno dell'Ordine CROAS Lombardia

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WWW.LUOGHIDICURA.IT

WWW.WELFORUM.IT

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING