

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **SYLLABUS DEL CORSO**

## Laboratorio di Lenti a Contatto

2526-2-E3002Q050

#### **Aims**

The aims fall within the area of "Professional training" and refer to the following Dublin Descriptors:

- 1 Knowledge and understanding
  - Provide knowledge and skills to select, apply, and manage soft and rigid gas-permeable (RGP) contact lenses
- 2 Applying knowledge and understanding
  - Develop skills in the use of instruments and technologies related to contact lens application
- 3 Making judgements
  - Develop the ability to reflect independently on the course content
- 4 Communication skills
  - Develop the ability to communicate effectively and contribute proactively to group work
- 5 Learning skills
  - Develop the ability to reflect independently on the course content in order to acquire learning skills with a view to future developments in the field

#### **Contents**

Soft contact lenses RGP contact lenses

## **Detailed program**

Instruments:

Keratometer; Topographer; Slit lamp: direct lighting techniques; Soft contact lenses fitting; Slit lamp: indirect lighting techniques.

Soft contact lenses:

Soft contact lenses control; Materials and geometries for soft contact lenses; Tear film tests; After fitting controls and gradind scales; Soft toric lenses; Selection criteria for soft contact lenses; Over-refraction.

RGP contact lenses:

RGP lenses fitting; Evaluation of the fluorescein pattern; Materials and geometries for RGP lenses; Maintenance of contact lenses; Multifocal contact lenses; Scleral lenses, hybrid lenses and special cases; Orthokeratology.

### **Prerequisites**

Use of the keratometer, geometric optics notions

#### **Teaching form**

- 24 hours: lectures in person za (preparation for the laboratory experiences)
- 72 hours: interactive laboratory activities in person (students will be divided into 3 groups)

#### Textbook and teaching resource

- Slides and course presentations provided via e-learning.
- Book: Edward S. Bennett Clinical Manual of Contact Lenses

#### Semester

First trimester: instruments

Second trimester: soft contact lenses Third trimester: RGP contact lenses

#### Assessment method

Three theoretical/practical tests in laboratorytests during the year

# Office hours

by appointment

# **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | LIFE BELOW WATER