

## SYLLABUS DEL CORSO

### Contesti e Metodi della Psicologia Clinica

2526-3-E2401P135

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#### Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

#### Learning objectives

##### *Knowledge and understanding*

- \* Clinical psychology and personality pathology
- \* Personality and personality pathology
- \* Psychological models of personality
- \* Personality Pathology: Risk and protective factors
- \* The categorical and the alternative models of personality pathology

##### *Applying knowledge and understanding*

- \* Identifying the core features of personality pathology
- \* Identifying specific personality disorders
- \* Critical analysis of the scientific literature on protective and risk factors of personality

##### *Making Judgements*

In-class discussions of clinical cases foster critical thinking and the capacity to formulate diagnostic hypotheses.

##### *Communication Skills*

The course supports the development of communication skills through class discussions on theoretical, clinical and empirical materials related to several topics. The course promotes also the ability to clearly and coherently present complex psychological concepts.

### *Learning Skills*

Through guided reading of scientific papers and theoretical-clinical materials, the course provides useful tools for independently continuing the study of diagnostic and explanatory models of pathological personality. The resources made available on the e-learning platform support flexible and independent study, preparing students to autonomously pursue further or more specialized training activities in the field of clinical psychology

## **Contents**

The course aims at providing theoretical, methodological, and clinical elements related to personality and personality pathology development. The role of risk and protective factors in personality pathology development will be examined, according to both psychological theories and empirical studies.

Finally, the course will present the scientific debate related to categorical and dimensional models of personality pathology.

## **Detailed program**

- Psychological theories on personality
- Clinical theories on personality pathology
- Theories and empirical studies on risk and protective factors in personality pathology
- The DSM-5 approach to personality disorders: official classification and the alternative model for personality disorders
- Assessment of personality disorders

## **Prerequisites**

Since scientific literature in English will be presented, it is recommended that students have already taken the Advanced English exam (Second year).

## **Teaching methods**

Teaching activity: In-person lectures

The teaching activity will be structured as follows:

- Approximately 48 hours of frontal lessons
- Approximately 8 hours of interactive teaching (discussion on scientific papers and clinical cases).

The course material (slides and scientific papers) will be made available on the e-learning web site, so that also non-attending students can use it.

## **Assessment methods**

The exam will mainly verify the following topics:

- main features of personality
- main features of pathological personality
- risk and protective factors of pathological personality
- personality disorders
- DSM-5 criteria for diagnosing personality disorders
- diagnostic instruments for personality disorders

The exam will consist of 20 multiple choice questions and one open question on the course topics. The answer to the open question will be evaluated in terms of correctness and completeness of the answer, argumentative capacity, and synthesis.

Although this course is held in Italian, Erasmus students can contact dr. Rossella Di Pierro if they wish to take the exam in English..

## **Textbooks and Reading Materials**

- Lingiardi, V. (2024). *La personalità e i suoi disturbi: valutazione clinica e diagnosi al servizio del trattamento*. Milano: Raffaello Cortina.

Capitoli comuni obbligatori : CAP. 1; CAP. 2; CAP. 3 (fino a par. 3.5 compreso); CAP. 4 (par. 4.1, 4.2 – solo i sottoparagrafi 4.2.1, 4.2.2, 4.2.5, 4.2.6 – par. 4.3);  
CAP.10 (par. 10.1, 10.3, 10.5, 10.8); CAP 12 (tutto, esclusi par. 12.11, 12.12, 12.13, 12.14); CAP.15

Un capitolo a scelta tra: Cap. 19; Cap. 20; Cap. 21.

- Slides delle lezioni
- Articoli e materiale fornito dal docente

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES

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