



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Physiological Psychology

2526-2-E2401P008

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#### Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

#### Learning objectives

##### Knowledge and understanding

- Knowing the neuroanatomical and functional bases of human mind in order to understand the cognitive, emotional and behavioral functions.

##### Applying knowledge and understanding

- Ability to recognize and frame normal and abnormal behaviour in the context of the relevant neurofunctional systems.
- Ability to identify key diagnostic (behavioural or instrumental) tools to approach neurocognitive disorders and, in general, in neuroscience research.

##### Making judgements

- The course fosters the ability to critically and independently analyze data, concepts, and neuroscientific theories, encouraging personal reflection on complex topics such as consciousness, pain, emotions, empathy, and biological rhythms.

##### Communication skills

- Students develop command of the technical language specific to neuroscience, learning to communicate scientific content, findings, and arguments clearly and effectively, both to specialist and non-specialist

audiences.

### **Learning skills**

- The course promotes autonomous study and personal in-depth exploration, providing methodological and theoretical foundations necessary to pursue further training or research in the field of neuroscience with critical thinking and initiative.

### **Contents**

The course aims to provide students with a basic knowledge of the neuro-functional architecture of the human cognitive and emotional processes. In particular, the neuro-functional bases of the nervous system will be provided, as well as the main theories and models on mental functions developed in the field of Cognitive Neuroscience, in order to favor the understanding of the cognitive, emotional and behavioral functioning of the individuals both in the healthy and clinical population.

### **Detailed program**

### **Prerequisites**

This course requires a basic knowledge of anatomy and physiology of the nervous system and its cognitive functions.

### **Teaching methods**

### **Assessment methods**

### **Textbooks and Reading Materials**

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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