



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Visual Ergonomics

2526-1-F1702Q003

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#### Aims

To develop a student's theoretical understanding of visual ergonomics and the impact of the working environment on the visual system and working performance. Provide elements on how to assess the characteristics of working stations and how to measure the responses of the visual system. To allow students to provide optical appliances and other optometric interventions to deal with the visual loads and visual fatigue in the working environment.

#### Learning Objectives

By the end of the module, a successful student will gain:

- LO1: theoretical knowledge about Visual Ergonomics, Radiometry, Photometry, and Digital screen technology and the ability to perform photometric measurements.
- LO2: practical skills to perform digital simulation of lighting in working environments
- LO3: practical skills to perform radiometry/photometry measurements in working environments
- LO4: theoretical knowledge about the impact of the working environment characteristics on the visual, the musculoskeletal and the postural systems, and the ability to perform measurements of these responses.
- LO5: theoretical knowledge and decision making on optometric interventions for visual ergonomics issues.

#### Contents

The module will cover principles of visual ergonomics: characterization of working environment, assessment of visual load, optometric management of visual ergonomics issues.

#### Detailed program

## Lectures

1. What is Visual Ergonomics.
2. International/national standard (ISO 9241-303:2011) Ergonomics of human-system interaction.
3. Radiometry vs. Photometry.
4. Photometric units: lighting, sources, illumination, luminance.
5. Digital screen technology: characteristics of the screens and electronic displaying (Cathode ray tube displays, Liquid crystal displays); anisotropic effects of LCD screens.
6. Glare/reflections and polarising optical devices.
7. The variety of environmental and occupational conditions
8. The assessment of visual ergonomics issues: subjective and objective measurements
9. The digital environment load: the case of computer vision syndrome
10. Optometric interventions in Visual ergonomics
11. Short outline of visual ergonomics of 3D artificial environments

## Interactive Lectures

1. software for simulations of lighting and renderings of a workspace
2. Measuring photometric characteristics of visual stimuli
3. eye tracker methods for analysing eye movements.

## Prerequisites

See curricular prerequisites for the admission Master's Degree Program

## Teaching form

Learning objectives will be pursued through different teaching methods:

- ? Frontal Lectures (3CFU 21h)
- ? Interactive Lectures remotely delivered (synchronous) (3CFU 21h) (Ansys software for lighting)
- ? Tutoring
- ? Student-managed learning

## Textbook and teaching resource

Lecturers' handouts

## Semester

First semester

## **Assessment method**

The exam lasts one hour. There are 4 open questions that must be answered briefly, but completely, in English. Then there are 10 multiple choice questions. If the grade is higher than 18/30, the written grade can be directly accepted. Students can always ask to take the oral exam.

## **Office hours**

Appointment needed

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | RESPONSIBLE CONSUMPTION AND PRODUCTION

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