UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Workshop II

2526-2-F5702R021

Course title

Second Year Artistic-Expressive Workshops

Topics and course structure

Shift A
The artistic-expressive workshop shift A aims to explore and deepen artistic languages in their relationship with the educational, pedagogical, and psychological dimensions. The highly experiential nature of the workshop sessions will lead participants to experience firsthand cross-cutting themes of pedagogical action and, at the same time, to train and exercise second-level pedagogical and psychological skills aimed at carrying out coordination, consulting, and pedagogical supervision activities. Through their expressive dimension and active, experiential, and participatory methods, artistic languages will be valued for their potential as channels for thinking, planning, documenting, and evaluating educational experiences in various artistic, pedagogical, and educational contexts. This workhop aims to specifically explore the relationship between music, learning, and emotional development, grounded in neuroscientific evidence demonstrating how musical experience engages and enhances cognitive, bodily, and relational functions. Through experiential activities integrating body percussion, active listening, mindful movement, and shared reflection, students will be guided to discover how music can serve as a powerful educational and transformative tool. The potential of text combined with various rhythms and melodies will also be explored within both individual and group creative dimensions.

Round B
The workshop aims to explore and deepen literary languages (prose, poetry, theater, screenwriting) in their relationship with other artistic and expressive dimensions (painting, sculpture, music, cinema, photography, comics, graphic novels, illustrated books, etc.) and with the educational and pedagogical dimension.
The highly experiential nature of the workshop sessions will lead participants to explore cross-cutting themes in artistic and expressive practice and, at the same time, to exercise educational and performative skills which, through active and participatory methods, including the use of the body, will be enhanced in their expressive

potential for thinking, planning, documenting, and evaluating educational experiences in various artistic, literary, pedagogical, and educational contexts.
This workshop aims to promote a better understanding of the constituent elements of oral and written communication, both literary and non-literary, the mechanisms that govern it, and the different contexts in which it is experienced. The territories of literary languages and their boundaries will be explored, such as the relationships between words and images, music and poetry, painting and poetry, literature and cinema, but also the languages of advertising.
Students will engage in shared reading experiences aimed at introducing them to the basic tools for reading well, silently and aloud, in order to refine their sensitivity to the text and different registers of expression. They will do exercises in attention, description, interpretation, and writing short texts such as captions and presentations.
The literary dimension will be particularly emphasized as a means of self-displacement and identification, to develop empathy and practice taking on the point of view of others.

Objectives

These workshops aim to develop the following learning outcomes in terms of knowledge and skills:
Understand and master artistic, expressive, and participatory languages in the field of professional education;
Acquire knowledge about models of working with artistic languages in professional contexts, whether pedagogical, organizational, or artistic;
Acquire knowledge about models for enhancing cultural and environmental heritage.
These workshops aim to develop the following learning outcomes in terms of the application of knowledge and understanding:
Apply knowledge and skills to solve problems in both concrete contexts and unexpected situations, demonstrating an understanding of the relationship between theory and practice;
Identify and interpret educational and training needs in different contexts;
Design and coordinate responses to needs, using and enhancing the potential of the arts;
Apply the knowledge acquired to design, implement, and evaluate training activities in cultural and artistic contexts.
These workshops aim to develop the following learning outcomes in terms of independent judgment:
Develop original reflections and plans in response to the needs of work contexts;
Promote innovative research based on the synergy between educational and artistic skills.
These workshops aim to develop the following learning outcomes in terms of communication skills:
Know how to use artistic languages as fundamental means of communication and education.
These workshops aim to develop the following objectives in terms of learning skills:
Ability to use personal methods of self-promotion and tools to support one's professional growth;
Reflective and metacognitive skills to monitor the adequacy of one's knowledge and skills and identify areas that need further study.

Methodologies

The workshop is held in Italian. Each workshop consists of 48 hours. There are two workshop sessions, A and B, with different schedules. Each workshop will explore different forms of artistic expression.
In workshop A, the main forms of expression will be play, visual art, and music.
In workshop B, the main forms of expression will be poetry, visual art, and music.
Both workshops involve mainly interactive teaching activities (90%), such as expressive and physical experiences, exercises with artistic materials, playful activities, and teaching activities, such as lectures (10%), in which the theoretical and methodological frameworks through which to contextualize the experiences are explained.
Each session is structured in an interactive manner, in large and small groups or individually, with teaching moments, including the following types of educational activities: workshops, exercises, and activities supervised by the teacher.

Guest speakers from artistic, performing, and educational contexts, as well as experts in experiential methodologies, will also participate.

Online and offline teaching materials

Any additional materials, resources, and tools will be provided on the course e-learning platform.

Programme and references

The workshops do not require any exam bibliography.
During the meetings, optional materials for further study will be suggested.

Assessment methods

The workshops do not include an exam.
Based on attendance, the workshops will be validated as approved or not approved by the reference teacher. Please note that the minimum attendance required to ensure validation is 75% of the hours.

Office hours

By appointment, by emailing the teachers.

Programme validity

Two academic years.

Course tutors and assistants

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Sustainable Development Goals

QUALITY EDUCATION | REDUCED INEQUALITIES