UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Laboratorio di Progettazione

2526-2-F5106P040

Learning area

Basics of research methods in social and economic psychology

Learning objectives

Knowledge and understanding

- Different project planning approaches
- Project planning phases and useful instruments
- Strengths and weaknesses
- Social and organizational change
- Professional areas where project planning skills are necessary

Implementing knowledge

- Implementation of psychological theories in project planning
- Implementation of methodological skills in project planning
- Application of project planning phases to projects in the area of working and organizational psychology, social psychology, health psychology
- Identification of challenges, resources and critical points in project design and planning in the professional field
- Critical analysis of organizational and social change

Making judgements

The laboratory will provide students with the tools necessary to identify the strengths and weaknesses of a project. To consolidate this skill, a peer-review activity is planned: each group will be involved in reviewing the project

developed by another group, with the aim of identifying the project’s strongest aspects and proposing suggestions for improvement regarding any critical issues

*Communication skills *

The laboratory includes the development of a project in small groups, allowing students to apply the competencies they have acquired. Students will be asked to prepare a brief oral presentation (using tools such as PowerPoint) to illustrate to their peers the key elements of the written project. This activity aims to strengthen the communication skills already developed during their studies

*Learning skills *

The laboratory is designed to enable students to put into practice the skills and knowledge acquired in previous years, integrating them into the rigorous process of project design. The goal is that, once the method has been learned, students will be able to apply and generalize it across different contexts and professional fields.

Contents

Planning is a step by step process, going from the definition of a goal up to the evaluation of its achievement. The laboratory aims to address which skills are involved in each phase and what tools are most frequently used in research and practice.
Students will be provided with practical skills to help them choose the most appropriate approach according to the scope of the application area and available resources, to manage the different operational steps and to identify the strengths and weaknesses of each methodological approach.
Particular attention will be paid to the connection between theory and practice. Students will be asked to identify among their prior knowledge or through research in the scientific literature, the psychological models useful for achieving the project aim.

Detailed program

Project design and planning approaches
Professional areas of project design and planning
Project design and planning steps
Psychological knowledge in project planning
Project planning in professional fields

Prerequisites

Basic knowledge of research methodology.
Knowledge of fundamental psychological theories in social, health, working/organizational and economic area.

Teaching methods

a.The laboratory will alternate between lectures and interactive teaching (30% and 70% respectively). Theoretical lectures, case analyses and work in small groups are planned. If possible, professionals will be invited to talk about their experiences.
b. The laboratory aims to integrate theoretical aspects with practice by encouraging the production of papers by the students who will experience how to draft a project in small groups and to revision it in a sort of peer-review process.
c. The lessons will all be held in presence.

Assessment methods

The participation to at least the 70% of the lessons and a production of a final report in small groups is requested

Textbooks and Reading Materials

Detailed information about the teaching material will be published on the e-learning page at the laboratory beginning.

Sustainable Development Goals