



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica II

2526-2-F8501R057

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#### Course title

CLINICAL PSYCHOLOGY II (Advanced)

#### Topics and course structure

The course aims to provide the students with theoretical and practical tools for a proper interpretation of clinical phenomena in different educational contexts.

The course divides into 2 parts: fundamental and thematic.

In the first one, the actual debate on the epistemological status of clinical psychology (natural vs. human science), particularly regarding the relationship between clinical psychology and neuroscience.

The second part focuses on some tools and models of intervention, deriving from systemic and constructivist psychology, applicable in different educational contexts.

#### *Main topics*

1. Clinical Psychology: a human or a natural science?  
Critical dialogue with neuroscience.
2. Constructivist and Systemic approaches and family therapy
  - a) Understanding of psychiatric diagnosis
  - b) Understanding of hermeneutic diagnosis
  - c) Application of systemic principles to educational contexts

## Objectives

This course aims to support the following learning outcomes in particular:

### *Knowledge and understanding*

- Develop a critical and articulated understanding of the psychological, family, and socio-cultural dynamics that produce typical or atypical phenomena;
- Acquiring knowledge of theoretical, methodological, and psychological-clinical intervention approaches in different pedagogical-educational contexts.

### *Applied knowledge and understanding*

- Applying knowledge and skills to address psycho-pedagogical issues in dialogue with other professionals (in particular clinical psychologists and psychotherapists), connecting theory and practice;
- Design and evaluate pedagogical contexts and experiences in collaboration with psychologists and psychotherapists.

### *Autonomy of judgment*

- Acquire and consolidate analytical and critical thinking skills in pedagogical-educational situations, taking reflective ethical and epistemological positions in comparison with psychological-clinical knowledge. Communication skills\*
- Develop the ability to communicate effectively (especially in writing) the logic and criteria of pedagogical-educational interventions, especially to professional partners in the field of psychology, mastering the language and conceptual categories.
- Knowledge of the specific language and vocabulary of clinical psychology, with particular reference to pedagogical-educational contexts. *Learning skills*
- Ability to rework and organize knowledge;
- Ability to identify methods and tools to support one's own and others' personal and professional growth.

## Methodologies

**The course is taught in Italian.**

1. Lectures
2. Cases studies
3. Work in a small group
4. Work on videos

Classes will be held in-person (unless otherwise decided by the University).

## Online and offline teaching materials

Slides

Videos

Further integrative didactic material (e.g., scientific papers)

## Programme and references

Although this course is held in Italian, for Erasmus students, a bibliography can also be available in English, and students can take the exam in English if they wish to do so.

Please, contact the teacher in order to agree on an **English bibliography**.

P.S. Please note that *Book 2*. (see Italian "Description of course/bibliography") *is available also in English; Book 4. is available in Spanish*.

## Assessment methods

Students who don't speak Italian must contact the teacher at the following e-mail address:

marco.castiglioni@unimib.it

to agree on the best ways to do the exam.

Here below are the assessment criteria:

- a) relevance of the answers to the questions
- b) ability to establish relevant connections between the various topics of the course
- c) precision and correctness of the exposition
- d) ability to critically re-elaborate acquired knowledge and to apply it in clinical-educational contexts.

## Office hours

Please contact the teacher at the following e-mail address:

marco.castiglioni@unimib.it

## Programme validity

2 years

## Course tutors and assistants

Dott. Francesco Rotunno (francesco.rotunno@unimib.it)

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING

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