UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Qualità della Vita Urbana

2526-2-F8802N069

Learning objectives

Achieve the necessary skills to define, measure and evaluate the quality of urban life and the most appropriate policies to increase it, both individually, collectively or for specific population groups. Develop abilities for collaboration with other professionals in planning activities.
In particular, with respect to the topics covered, at the end of the course students must demonstrate that they have reached appropriate levels of:
Knowledge and understanding: ability to read and interpret phenomena in an urban setting with particular attention to the theme of quality of life
Applied knowledge and understanding: ability to apply the theory to specific cases through different analysis methodologies (quantitative and qualitative)
Autonomy of judgment: ability to read the same urban phenomenon in a diversified way, even in a comparative way
Communication skills: ability to comment and express opinions on the topics covered
Learning ability: ability to relate concepts in order to learn new emerging phenomena
The objectives and the contents of the teaching are fully consistent with the educational objectives of the Degree Course
and with the skills expected for the outgoing profile as indicated in the SUA 25/26 sheet of the Degree Course.

Contents

The course will be articulated in different parts concerning the history of the research on quality of life, the definition of the concept of quality of life and the methodology for studying quality of life, with further details on the quality of life for metropolitan populations: residents and non-residents and on urban policies. A specific and introductive part of the course will concern the role of sociology in planning for improving urban quality of life.

Detailed program

COURSE INTRODUCTION

Part one

- Definition of territorial systems
- Cities and urban populations

Part two

- Sociology and urban planning
- Sociology and social participation

Part three

- Policies for improving quality of life

Part four

- Definition of urban quality of life
- Sources and indicators
- Research methods on quality of life
- Results of Italian and international research

Part five

- Design and development of research on quality of life

Prerequisites

General skills in urban sociology and methodology

Teaching methods

Course of 56 Hours (in presence)
Teaching Provision (DE) - face-to-face lectures with use of slides, audio and video - 70%
Interactive Didactics (DI) - exercises, presentation of case studies from which to develop individual projects - 30%

Assessment methods

Exercises, paper presentations and research projects are scheduled during the course as midterm examinations, the evaluation of which feeds into the final grade.
Alternatively, the final exam consists of two papers:
Mandatory written test in presence - open questions;
Optional additional oral test (only for those who passed the written test) - interviews on the topics covered during

the lessons and in the written test.
The exam - in both written and oral tests - is aimed at evaluating the theoretical knowledge acquired with respect to the topics covered, their critical analysis and the measurement of phenomena.
The skills acquired by students with respect to the topics of the course will be assessed, both from the expository point of view and the content.

Textbooks and Reading Materials

Mandatory texts

- Mela A. et al. (2000) *Sociologia e progettazione del territorio*, Roma: Carocci.
- Nuvolati G. *La qualità della vita delle città* (on-line).
- Nuvolati G. (2007) *Mobilità quotidiana e complessità urbana*, Firenze: FUP.
- Nuvolati G. (a cura di) (2018) *Sviluppo urbano e politiche per la qualità della vita*, Firenze: FUP (4 selected chapters).
- Nuvolati G. e D'Ovidio M (2022) *Temi e metodi per la sociologia del territorio*, Torino: UTET (4 selected chapters).

For international students
A reading list in English will be provided upon request. An English exam will be allowed as well.

Sustainable Development Goals

SUSTAINABLE CITIES AND COMMUNITIES