UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia Clinica della Sessualità e delle Identità di Genere e Minoritarie

2526-2-F5107P018

Learning area

Models and Techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

- Theoretical and methodological approaches in sexology;
- Normality and pathology in sexual functioning;
- Diagnosis in sexology;
- The bio-psycho-social model in sexology;
- Major sexual dysfunctions and most prevalent problems related to sexuality;
- Therapeutic approaches in sexology.

Ability to apply knowledge and understanding

- Recognize the manifestations of healthy and pathological sexual functioning;
- Integrate detected symptoms into a diagnostic hypothesis;
- Collect a complete sexological history;
- Formulate hypotheses about the bio-psycho-social factors involved in sexological problems;
- Integrate detected symptoms into a diagnostic hypothesis;
- Collect a complete sexological history;

Autonomy of judgement
Through classroom exercises (such as discussing clinical cases in small groups and watching videos of clinical

interviews conducted by experienced professionals), students develop the ability to independently formulate hypotheses about the clinical material presented, reflect in terms of differential diagnosis, and identify the most appropriate diagnostic hypothesis. The exam format, which includes an open-ended question, encourages independent judgment and critical thinking.

Communication skills
The course promotes the development of communication skills through classroom discussion of clinical cases, stimulating the ability to argue diagnostic hypotheses and the underlying clinical reasoning. The exam includes an open-ended question that requires the use of appropriate technical language and the ability to convey the acquired content clearly and coherently, both in writing and through an oral interview.

Learning skills
The course provides theoretical and practical foundations that allow students to independently continue their study of clinical pictures across the entire psychopathological spectrum. Videos and in-depth materials, made available on the course's e-learning page, allow students to develop an active and independent study methodology.

Contents

Sex, sexuality, sexual identity
Anatomy and physiology of the sex organs
Sexuality in the life cycle
Psychopathology of sexual disorders
LGBTQIA+ people: beyond heteronormativity and cisgender identities

Detailed program

Sex, sexuality, sexual identity
Anatomy and physiology of the sex organs
The cycle of sexual response: comparing models
Sexuality in the life cycle
Risk factors in sexology
Sexual health and sexual rights
Psychopathology of sexual disorders
LGBTQIA+ people: beyond heteronormativity and cisgender identities
Minority Stress, Microaggressions
Affirmative therapies
Sexological counseling: goals and objectives
The sexological history
Hints of sex therapy

Prerequisites

None

Teaching methods

The teaching methods include: lectures, viewing of films, role-playing, discussion of clinical cases, and optional exercises offered on the elearning platform.
Approximately 90% of the total hours will be delivered as lectures.
The remaining 10% of the total hours will include presentations of clinical cases to be discussed in plenary or small groups, viewing video interviews with fictitious patients, role playing (practical exercise on the use of clinical interviews).
90% of the lectures will be delivered in-person.

Assessment methods

The exam will consist of a written test divided in two parts: a multiple-choice test (30 questions with four answer options) aimed at verifying the specific knowledge of the theoretical aspects covered in the course, and a second part with open-ended questions.
Passing the written test will give access to an optional oral test in which, in addition to the knowledge acquired, the mastery of the technical language specific to the discipline will be evaluated.
The assessment of learning will take into account the following elements:

- acquisition and mastery of the theoretical content of the course;
- ability to select and correctly apply the knowledge acquired to formulate a diagnostic hypothesis based on a clinical case;
- ability to interpret and critically discuss the impact of biases on sexuality;
- clarity of presentation and proper use of the specific language of the discipline.

Textbooks and Reading Materials

Detailed information about the course materials will be posted on the e-learning page.
Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so.

Sustainable Development Goals

QUALITY EDUCATION | REDUCED INEQUALITIES