UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: Clinical Cases: Literature and Cinema

2526-2-F5107P021

Learning area

Models and Techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding
The workshop aims to introduce students to the psychological understanding of literary and cinematic narrative examples that can represent themes related to the clinical area in terms of diagnosis, process, and treatment.

Ability to Apply Knowledge and Understanding
Ability to identify and explore clinical themes as represented in literature and cinema;
Ability to articulate and elaborate on these themes;
Presentation and discussion skills;
Ability to work in a group.

Making Judgments
Through the planned activities, the student will develop the ability to:

- Critically analyze the proposed psychological representations;
- Formulate personal reflections and independent evaluations on diagnostic, dynamic, and therapeutic aspects;
- Connect the laboratory content with prior experiences and knowledge, including those from interdisciplinary fields.

Communication Skills
Through the planned activities, the student will be able to:

- Effectively and clearly present the results of their analyses, both in written and oral form;
- Use technical language appropriate to the field of psychology;
- Actively participate in seminar discussions and group debates, demonstrating listening and argumentation skills.

Learning Skills
The laboratory, through the planned activities, aims to foster:

- The development of metacognitive skills useful for autonomous learning;
- The ability to select and explore narrative and scientific materials for self-education;
- The attitude to integrate theoretical knowledge with clinical and narrative observations from a reflective and critical perspective.

Contents

Motivated and articulated identification of clinical themes as narrated in non-directly psychological languages. Presentation of relevant examples.

Detailed program

- Theoretical introduction to the use of narrative and cinematic examples in clinical psychology
- Examples taken from clinical literature
- Discussion and identification of additional examples
- Group presentation and discussion with the creation of an ad hoc grid

Prerequisites

Having attended the Clinical Psychology course and learned basic elements of psychopathology and psychodymamics

Teaching methods

Interactive, experiential methodology (suitable material research), videos and films. Presentation and discussion in small groups.

Assessment methods

The participation in 70% of the lessons is required. PowerPoint presentations in class and active participation in processes and discussion.

Textbooks and Reading Materials

The reference texts and articles will be indicated during the first meeting with the students

Sustainable Development Goals

QUALITY EDUCATION