UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: The Assessment of Relational Functioning

2526-2-F5107P019

Learning area

Models and techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

· The Infant Research intersubjective perspective and the systemic model of interaction;
· The Stern's micro-analytic interview as an instrument to explore, in clinical areas, relational schemes of "being with" the Other.

Applying knowledge and understanding

. Knowledge and comprehension of analysis of personal experience, in the Stern perspective and in different clinical contexts.
· Knowledge and experiencing the micro-analytic interview conduction, focusing on the content and the interactive process.

Critical and judgmental skills

The path is aimed at acquiring autonomous critical and judgmental skills in the analysis of theoretical models and clinical examples presented regarding the theme of evaluating relational functioning. Through brainstorming on specific topics and classroom discussion, the goal is to foster a personal processing of the content covered, the structuring and sharing of interpretative hypotheses about the topics presented.

Comunicative skills

The learning assessment methodology consists of giving a presentation in a plenary session regarding the elaboration of a detailed study on topics covered in class. This context will allow for both the strengthening of communication skills related to specialized subject matter and the evaluation of the learning of concepts and the ability to express them, the use of technical language, and the adaptation of communication to academic and professional contexts.

Learning ability

The presentation of textual tools, analytical methods, and interpretative models to read the phenomena related to relational functioning allows the student to refine an autonomous analytical approach beyond the topics shared in class, which represent integrative and complementary subject matter to the study topics addressed during the previous educational path

Contents

The lab-course focuses on the assessment of relational schemes of “being with” the Other in clinical areas.
The theoretical frame (Infant Research intersubjective perspective and the systemic model of interaction, Stern’s model) and clinical applications will be presented (clinical intervention parent-child; clinical intervention in risk and prejudice contexts).
The applications of Infant Research discoveries and of Stern’s micro-analytic perspective in clinical area will be illustrated.
Peculiarities and difficulties of assessment in clinical areas will be discussed.

Detailed program

• The Infant Research and intersubjective perspective;
• Perinatal period and early parent-child interaction;
• The systemic model of interaction and clinical system parent-child;
• The origin of Stern’s micro-analytic interview (breakfast interview) as a method to explore personal experience and individual’s representational world: clinical applications;
• The role of “present moment” in the clinical setting and the importance of a micro-analytic perspective to study the change process in psychotherapy;
• Family functioning observation and evaluation
• Disfunctional family: risk and prejudice contexts

Prerequisites

Basics of developmental psychodynamic and clinical psychology.

Teaching methods

Lessons will delivered in presence, through delivery method (10 h) and through interactive method (18 h).
Documents and slides emplyed will be send to the partecipants after the lesson.

Students are operationally introduced to the exploration of relational styles both through the analysis and discussion and by role-playing in the classroom.
Vision of films, listening to interviews and work in small groups are also used.

Assessment methods

The participation in 70% of the lessons is required.
The evaluation of learning is a oral examination.
Students are required to present a brief report about a specific topic presented during the lab-course and discussed with the teacher and class group.
At the first lesson will be given explication about topic and application’s indications.

Textbooks and Reading Materials

Suggested further readings:

Beebe, B., Lachmann, F. M. (2003). Infant Research e trattamento degli adulti. Un modello sistemico diadico delle interazioni. Raffaello Cortina Editore.

Beebe, B., Lachmann, F. M. (2015). Le origini dell'attaccamento. Infant research e trattamento degli adulti. Raffaello Cortina Editore.

Mazzoni, S., Tafà, M. (a cura di) (2007). L'intersoggettività nella famiglia. procedure multimetodo per l'osservazione e la valutazione delle relazioni familiari. FrancoAngeli, Milano.

Stern, D, N. (1999). La costellazione materna. Il trattamento psicoterapeutico della coppia madre-bambino. Bollati Boringhieri, Torino.

Stern, D, N. (2004). Il momento presente. In psicoterapia e nella vita quotidiana. Raffaello Cortina, Milano.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING