UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: Sustaining Psychological Skills in Children

2526-2-F5108P023

Learning area

2: Methods and tecniques for treatment and rehabilitation

Learning objectives

Knowledge and understanding

• Understand the work of the psychologist in the school environment through educational interventions with the school.

• Understand the type of intervention that can be proposed.

• Teach the basics to intervene early on school difficulties.

Applying knowledge and understanding

• Ability to transfer complex and theoretical contents into practical knowledge.

• Ability to understand which intervention is more effective than another.

Making Judgements

The course favors the development of critical and reflective capacity in the analysis of the diagnostic and clinical rehabilitation process, paying attention to the relational dynamics of the patient with the professional and the family. Through discussions of clinical cases, simulations and exercises with role playing, students acquire tools to independently evaluate the different factors that contribute to the formulation of a diagnostic hypothesis and the subsequent drafting of a report that provides for the methods of intervention that will have to be put in place.

Communication skills

The course aims to develop the ability to collect and analyze clinical information by virtue of the formulation of a diagnostic hypothesis in the field of DSA (Specific Learning Disorders) in clinical contexts of the age of neurodevelopment. Particular attention is paid to active listening, to the management of emotions and relational dynamics, and to the ability to infer and select clinical information useful for the formulation of the diagnostic hypothesis and the drafting of an intervention plan, through exercises in small and individual groups, role-play and analysis of real or simulated clinical cases.

Learning skills

The course provides theoretical and practical tools to promote a correct capacity for diagnostic and rehabilitation clinical evaluation within the DSA, giving students the opportunity to experiment themselves in these areas. Students are encouraged to critically reflect on the information that emerges from a potential clinical-anamnestic interview and from the entire subsequent process of data collection and processing aimed at formulating a diagnostic hypothesis and the subsequent drafting of a report that also includes the planned intervention plan.

Contents

Through this lab-course we will try to illustrate the diagnosis in developmental age taking into account the organic and emotional-relational aspects. In fact, through a brief comparison between the three diagnostic manuals (DMSV / 0-3 / ICD 10) and their differences we will try to understand the different diagnoses in the field of scholastic difficulties. It will be understood what the differences are and a brief overview of the school and what the ministry of education will provide.
Later we will understand what the role of the psychologist is and what it means to empower. Through the use of some clinical cases we will try to understand the type of intervention to be offered to children with scholastic difficulties.
Finally, we will illustrate the main rehabilitative programs to be used to compensate for the difficulties of study.

Detailed program

• From theory to clinical
• The psychologist at school
• DSA and BES
• Enabling, rehabilitation ... what difference?
• Compensatory tools for the study for DSA and BES
• When there is no diagnosis: emotional disorders and tasks

Prerequisites

Good knowledge of developmental psychology, diagnostic manuals such as DSM-V-TR and ICD-11.

Teaching methods

Frontal lecture in Italian (14 hours) and use of clinical cases through paper material (14 hours).

Assessment methods

Presentation of elaborate written (group) on some topics provided by the teacher. Interview and final discussion with the teacher.

Textbooks and Reading Materials

Articles, book chapters will be provided by the teacher and uploaded to the course page.

Sustainable Development Goals

QUALITY EDUCATION