

## SYLLABUS DEL CORSO

### **Anatomia e Istologia Umana e Oculare**

**2526-1-E3006Q015**

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#### **Aims**

The course is designed to provide students with a solid foundation in anatomical terminology, as well as in the topographical and structural organization of the human body. Particular attention will be given to the morphological characteristics of tissues, organ systems, and individual organs, with a specific focus on the visual system, in order to support a comprehensive understanding of their functional mechanisms. A key component of the course will be the emphasis on the relationship between structure and function—an essential concept for the proper comprehension of the material presented. In addition, basic notions of pathology will be introduced to illustrate the functional consequences of structural alterations in organs. The knowledge and competencies acquired during the course will prepare students to engage effectively and constructively with medical professionals, when necessary.

#### **Contents**

Anatomy is described by using a systemic approach. Items:

Basic Cytology

Histology: Tissue Histology

Gross Anatomy: Skeletal and muscular system, Respiratory system, Cardiovascular system, Digestive system, Urinary system, Endocrine system, Lymphatic & Immune systems, Reproductive system, Visual system, Basic Neuroanatomy.

#### **Detailed program**

Microscopic organization of cells and tissues of the human body, their interactions and morpho-functional correlations.

## Cytology

### Investigation methods

The cell and its peculiar features: morphology, dimension, life and death.

Structure, sub-cellular structure, chemical composition and functions of the following cellular components:

Plasma membrane, Nucleus, Cytoplasm, Ribosomes - Rough endoplasmic reticulum (RER), Smooth endoplasmic reticulum (SER), Golgi apparatus, Lysosomes, Peroxisomes, Mitochondria, Cytoskeleton and Cytoplasmic filaments (Microtubules, Microfilaments, Intermediate Filaments)

Cellular Activities: division, movements, endocytosis and exocytosis.

## Histology

### Investigation methods

Morphology, function and localization of the following tissues:

epithelial tissue, connective tissue (fibrous connective, cartilage, bone, blood), muscle tissue (skeletal muscle, cardiac muscle and smooth muscle), and nervous tissue.

## Gross Anatomy

Anatomical position and plane of movements, specific terms and investigation methods. Compartments and Cavities.

Integumentary system: Skin and related glands.

Locomotor system: classification, morphology and function of bones, muscles and joints. Basic organization of human skeleton. Spinal column and Skull (with anatomical models). Joints and movements.

Respiratory system: airway, lungs, and muscles of respiration.

Cardiovascular system: Heart and circulatory loops. Heart: morphology and structure. Structure of the heart wall: Epicardium, Myocardium, and Endocardium. Pericardium, chambers of the heart, and valves. *Fibrous cardiac skeleton, cardiac syncytium, and* conduction system of the heart.

Structure of blood vessels: arteries, veins and capillaries. *Pulmonary circulation loop* and the systemic circulation loop.\*

Immune and lymphatic systems, with lymphatic vessels and organs: thymus, spleen, lymph nodes and bone marrow.

Digestive system: Basic knowledge of gastrointestinal tract and related accessory organs (pancreas and salivary glands). Liver structure.

Urinary system: basic knowledge of morphology and function of kidney.

Endocrine system. Pituitary gland: morphology and function of anterior and posterior pituitary glands. Regulation of pituitary gland function. Morphology and function of thyroid gland. Parathyroid glands. Adrenal glands: morphology,

function, and their main hormones. Pancreatic islets (of Langherans).

Male and Female Reproductive system: basic anatomy of testis, ovaries and uterus. Ovarian and uterine cycles.

Visual system. Structure and function of the eye: fibrous, vascular, and nervous tunics. Aqueous humor, vitreous chamber, and lens. Retina and optic nerve. Basic visual pathways. Muscles of the eye. Skull description, with a focus on orbit and basicranium.

Basic knowledge of Neuroanatomy.

## **Prerequisites**

Students will be required to have completed a high school diploma.

## **Teaching form**

The course is organized with 24 Lectures (2h/each) of Gross Anatomy and 12 Lectures (2h/each) of Cytology and Histology.

The course will be in italian.

## **Textbook and teaching resource**

Recommended Textbooks:

- “Anatomia Umana” di Martini - Timmons – Tallitsch EdiSES
- “Anatomia Umana” di Saladin PICCIN
- “Anatomia Umana” di Castano et al. edi-ermes
- “Anatomia Umana e Istologia ” di Bentivoglio et al. Minerva Medica
- “Netter Anatomia da colorare” di Hansen Ed PICCIN

For Histology and Cytology:

- «Wheater. Istologia e Anatomia microscopica” di Young and Heath Ed. Edra Masson
- «Junqueira Istologia” di Mescher and Junquiera. Ed PICCIN

Recommended textbook titles, as well as the lesson slides will be available on E-learning.

## **Semester**

1st semester

## **Assessment method**

A mid-course assessment is not scheduled. At the end of the course, an extensive assessment will be based on a written examination with 20 multiple choice questions on the course topics, and 2 open questions focused on the visual system to intensively check the student's knowledge. Upon request by the student, the exam could be carried out in english or through an oral examination.

Exams will be in attendance.

Indicatively, the grades will correspond to the following evaluation ranges:

18–19: knowledge of a limited number of topics covered in the program

20–23: knowledge of a partial selection of topics covered in the program

24–27: knowledge of a broad range of topics covered in the program

28–30/30L: comprehensive and thorough knowledge of all topics included in the program, with strong argumentative and critical thinking skills.

## **Office hours**

Every day, by appointment (arianna.scuteri@unimib.it).

## **Sustainable Development Goals**

QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES

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