



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica

2526-1-F5111P006

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#### Learning area

COURSE SYLLABUS  
Clinical Psychology  
Code: 2425-1-F5107P006

Area of Learning  
Models and Techniques for the Assessment of Psychological Functioning

#### Learning objectives

Learning Objectives (in line with the Dublin Descriptors)

##### 1. Knowledge and Understanding

Acquisition of the main theoretical approaches in clinical psychology.

Understanding of the fundamental aspects of psychiatric and psychodynamic diagnosis.

Knowledge of the general principles of clinical treatment.

##### 2. Applying Knowledge and Understanding

Ability to formulate a clinical framework for patient assessment.

Critical analysis of psychopathological conditions through theoretical and clinical diagnostic tools.

Understanding of the methodological foundations of clinical work.

### 3. Making Judgements

Development of evaluative skills regarding different models of psychological functioning.

Ability to integrate clinical and theoretical information to formulate diagnostic and therapeutic hypotheses.

### 4. Communication Skills

Ability to clearly and appropriately present clinical concepts, even in multidisciplinary contexts.

Use of appropriate technical and scientific language for academic and clinical communication.

### 5. Learning Skills

Development of tools for autonomous and continuous learning in the field of clinical psychology.

Promotion of a reflective and critical attitude toward theoretical and practical sources.

## Contents

### Summary of Contents

The course aims to provide advanced competencies related to clinical diagnosis and the understanding of psychological dynamics, with particular attention to defense mechanisms and personality organizations/disorders, especially within the narcissistic and borderline areas. Affective disorders will also be addressed, along with an in-depth exploration of contemporary models relevant to clinical practice.

## Detailed program

### Extended Program

General aspects of clinical practice – theoretical foundations

Descriptive framework according to the DSM-5

Defense mechanisms

Psychodynamic assessment: personality organizations and disorders

Clinical presentation of affective, anxiety, and personality disorders

Narcissism and narcissistic disorders

## Prerequisites

Basic knowledge of Psychopathology (DSM-5) and Dynamic Psychology is required. Students who do not possess this background are encouraged to inform the instructor in order to receive supplementary reading materials.

## Teaching methods

Teaching Methods

Lectures (approximately 70%)

Interactive activities and clinical applications (approximately 30%)

Use of clinical materials, videos, and guided discussions

## Assessment methods

Assessment Methods

Written exam (30 multiple-choice questions; a minimum score of 18/30 is required to access the oral exam)

Oral exam covering the entire course content, including prerequisites

Multiple-choice questions are intended to extensively assess the student's knowledge, while open-ended questions aim to evaluate the ability to think critically and make connections between acquired knowledge. The assessment criteria are: accuracy of answers for multiple-choice questions; adequacy of content, logical and formal organization, and use of terminology for open-ended responses.

## Textbooks and Reading Materials

1. Lingiardi V., Madeddu F. (2023). I meccanismi di difesa. Raffaello Cortina (cap 1, cap 3, cap 4, appendice)
2. Gabbard G.O. (2014). Psychodynamic Psychiatry in Clinical Practice. American Psychiatric Press (cap 1,2,3,4,5,6,8,9,14,15,17,18,19)
3. Madeddu F. (2020). I mille volti di Narciso. Raffaello Cortina (cap 1,2,3,6,11,12,14)
4. Any other materials will be provided during the lesson."

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING

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