



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Assessment of Socio-Relational Skills in Developmental Age

2526-1-F5113P014

Learning area

Methodological competences and clinical techniques

Learning objectives

The laboratory permits some different learning objectives concerning the students' ability of implementation of a general assessment concerning the socio-relational competence during the different phases of development (infancy, school-age, pre-adolescence, adolescence).

Knowledge and understanding

Knowledge and understanding of the different characterization of the socio-relational competence, considering the specific phase of the chronological age (infancy, school age, preadolescence, adolescence), with particular references concerning attachment relationships.

Knowledge and understanding of the main methods to assess the psychological characteristics: direct observation, clinical talk, interview, test and questionnaires.

Notions of psychological research methods and of theory and techniques of tests.

Description and exemplification of some instruments to evaluate the socio-relational competence in different phase of developmental chronological age, in particular references of their psychometric properties. exemplification concerning their application to specific clinical cases.

Applying knowledge and understanding

Ability to apply and consolidate the knowledges concerning methodology and techniques commonly used in the socio-relational ability during developmental phases of age, distinguishing adults (parents and teachers) and peers (siblings and friends).

To plan a clinical assessment in this psychological area, formulating specific clinical questions.

Making judgements

The laboratory includes moments of group discussion concerning the clinical interpretation of the cases, as exemplification in the application of assessment instruments shown in lessons. In the end, the student will choose a number of assessment in a case and choose in a critical way what issued.

Communication skills

The laboratory requires each participant to present in public: results related to the exercises carried out concerning the calculation of scores related to the proposed tools and related comments. Furthermore, the classroom exercises involve group work aimed at enhancing the communication skills of individual participants.

Learning skills

The laboratory provides key information on how to conduct a psychological assessment in a general area of individual functioning, such as social-relational competence. Based on this educational activity, the student will be able to generalize their knowledge related to the design of an assessment in any psychological area, carefully considering the psychometric characteristics of the tools chosen.

Contents

The purpose of this laboratory is reinforces the basic skills to set up an assessment process of the adult-infant interactive styles and among peers.

Detailed program

Students will be introduced to some instruments (tests, questionnaires) used for the assessment of socio-affective, emotional-competence and the quality of relationships child-adult and among peers in educational contexts

Prerequisites

A good knowledge of the basis of Psychology (in particular of Emotional Developmental Psychology and Attachment Theory) enables a more aware use of the course contents.

Students lacking such basic knowledge are encouraged to ask for a list of basic references.

Teaching methods

Didactic delivery – front lessons 30% and Interactive delivery 70%

Videos, practical demonstrations and exercises – either individual or in small groups – concerning the instruments will be proposed.

The course is delivered in Italian and entirely in person.

The material (slides and, scientific articles) is made available on the e-learning site of the course.

Assessment methods

Students are required to have a frequency of at least 70% of the course.

The final evaluation consists of a written case study. Starting from the description of a clinical example, students will be asked to analyse the case applying the acquired knowledge.

The evaluation criteria are: the correctness of the contents, the ability to argue, synthesize and create links.

Textbooks and Reading Materials

Detailed information on the teaching material will be published on the e-learning page associated with the course.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
