



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Sociale

2526-1-E4002N004

---

#### Learning objectives

- Knowledge and understanding – Provide the theoretical foundations of social psychology, with particular attention to the various topics addressed by the discipline.
- Applying knowledge and understanding – Offer an overview of the different methodologies and tools used in social psychology.
- Making judgements – Foster critical evaluation of psychosocial processes and encourage comparison of alternative theories and methods for explaining the phenomena under study.
- Communication skills – Develop the discipline's specific technical language.
- Learning skills – Cultivate an attitude of curiosity and openness toward the diverse theoretical and methodological approaches in social psychology.

#### Contents

The discipline will be introduced through preliminary notions about the research methodology used in social psychology. The main studies and theories developed to explain the processes of social cognition, social influence, and relationships between individuals and groups within different social contexts will be introduced and deepened. Finally, the new frontiers of the discipline, such as cyberpsychology and environmental psychology, will be presented.

#### Detailed program

The course will cover the following topics:

- Introduction to social psychology
- Do research in social psychology

- Social cognition
- Social influence
- Attitudes
- The Self: self-regulation, motivation, and emotions
- Aggressiveness
- Prosociality
- Belongingness and social exclusion
- The prejudice
- Social psychology in the digital age
- Environmental psychology
- Political psychology

## **Prerequisites**

No prerequisites are required.

## **Teaching methods**

Teaching methods include lectures in Italian language, videos, and classroom discussions.

Specifically, several classes will be conducted in a mixed format, with one part dedicated to presenting concepts, theories, and studies (traditional method) and another part where students will be actively involved in discussions and individual and group work (interactive method). Overall, the course will be divided as follows:

- 20 2-hour in-person lecture-based classes
- 8 2-hour in-person interactive classes

The course material (e.g., slides and other materials used during classes) is made available on the course's e-learning website so all students can benefit from it.

## **Assessment methods**

The exam consists of a written test with a set of multiple-choice and one open-ended question. The questions will focus on the entire program and will be aimed at ascertaining the effective acquisition of theoretical knowledge and the ability to connect the different forms, areas, and processes of social psychology. The open-ended question will be evaluated in terms of answer correctness, argumentative capacity, synthesis, ability to form links among the different areas of the discipline, and the ability to present the phenomena critically.

No interim assessments are scheduled.

## **Textbooks and Reading Materials**

- Andrighetto, L. & Riva, P. (Eds.) (2020). *Psicologia Sociale: Fondamenti teorici ed evidenze empiriche*. Bologna: Il Mulino. ISBN 978-88-15-28794-6
- Further material provided during the course

# Sustainable Development Goals

REDUCED INEQUALITIES

---