UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Le Professioni Psicologiche: Teorie, Pratiche e Metodologie di Lavoro a Confronto - Turno E

2526-3-E2401P114-TE

Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND AND CHANGE THE RELATIONS AMONG INDIVIDUALS AND THE PSYCHOSOCIAL PROCESSES UNDERLYING GROUPS, ORGANIZATIONS AND SOCIAL SYSTEMS

Learning objectives

Knowledge and understanding

- Professional areas of application in psychology
- Features of the psychological professions: professional activities, relationship with other professionals, relationships with organizations/agencies, professional path
- Psychologist's professional skills

Applying knowledge and understanding

- Application of psychological skills in professional practice
- Use of psychological theories in professional practice
- Design of a formative and professional path

Making judgements

- Ability to plan or envision one's own professional path by reflecting on personal skills and analyzing the requirements of different professional profiles.

Communication skills

- Ability to report, through a personal written piece, the outcomes of reflections on one's own professional path and how the initial assumptions have evolved.
- Ability to work in a team and engage with colleagues in order to re-elaborate the emerging themes through a group project.

Learning skills

- Reflective ability concerning one's educational and professional journey.
- Recognition and use of personal and social resources in support of professional practice.
- Ability to analyze testimonies by identifying both cross-cutting elements and distinct specificities.
- Ability, upon completion of the course, to continue independently exploring other professional areas not covered in class, applying the same method.
- Development of critical thinking skills aimed at selecting valid training opportunities aligned with one's professional goals.

Contents

An overview of the professional area of psychology will be provided, considering how psychological professions have developed in Italy.

Professional psychologists will be invited to the workshop to expose the students their experience and to interact with them. The aim is to give to the students the chance to understand the activities psychologists are involved every day, the skills they need and the obstacles they meet.

During the workshop, students will think about their formative and professional path and will consider the opportunities and obstacles they have.

Detailed program

1. Representation of psychological professions among students
2. Professional areas of application of psychology
3. The professional activities and tasks of psychologists in different areas and deriving responsibilities
4. The skills they need to carry out these activities
5. The use of psychological theories in everyday practice
6. The specificity of the psychologist and relationship with other professionals
7. The relationship with the membership organization, with external organizations and with social context
8. Resources and obstacles in the formative and professional pat

Prerequisites

A good knowledge of the basis of psychology (mandatory and optional courses) enables a more aware use of the course contents.

Teaching methods

Discussions, testimonies, group works, elaboration of written reflection (interactive delivery mode)

Assessment methods

The final examination will be a written paper about individual and group reflections on psychological competencies, personal representations of the psychological professions and the topics discussed during the testimonies. During the last lesson, there will be feedback on the papers, which will be the subject of discussion in the group and with the lecturer.

Textbooks and Reading Materials

None

Sustainable Development Goals

QUALITY EDUCATION