



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Psychiatry

2526-2-H4601D009

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#### Aims

The aim of this course is to provide the students with information on epidemiology, symptoms, and classification of main mental disorders.

#### Contents

This course provides a comprehensive overview on main clinical approaches for treatment and assessment of mental disorders.

#### Detailed program

##### PSYCHIATRY:

- Signs and symptoms of mental disorders
- Classification of mental disorders
- Schizophrenia
- Depression
- Personality and personality disorders
- Alcohol and substance misuse
- Reactions to stressful experiences
- Psychological and psychosocial interventions for severe mental disorders
- Eating disorders
- Clinical management and assessment of schizophrenia
- Clinical management and assessment of depression

- Clinical management and assessment of bipolar disorders
- Clinical management and assessment of anxiety and obsessive-compulsive disorders
- Clinical management and assessment of emergencies in psychiatry
- Mental health care delivery systems
- Neurodevelopmental disorders
- Forensic psychiatry, legislation and service organization
- Psychiatry in the elderly

## **Prerequisites**

## **Teaching form**

Lectures aiming to offer in-depth knowledge on clinically relevant topics

## **Textbook and teaching resource**

- Maina - Albert - Rosso. Elementi di psichiatria. Minerva Medica, Volume Unico, Edizione IV. ISBN:9788855321990
- Slides

## **Semester**

2 Anno - 2 Semestre

## **Assessment method**

Written exam (multiple-choice questions and one open-ended question)

## **Office hours**

By appointment

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## **Sustainable Development Goals**

