



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Psychiatry

2526-5-H4101D026-H4101D102M

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#### Aims

The aim of this course is to provide the students with information on epidemiology, symptoms, and classification of main mental disorders.

#### Contents

This course provides a comprehensive overview on main clinical approaches for treatment and assessment of mental disorders.

#### Detailed program

- Signs and symptoms of mental disorders
- Classification of mental disorders
- Schizophrenia
- Depression
- Personality and personality disorders
- Alcohol and substance misuse
- Reactions to stressful experiences
- Psychological and psychosocial interventions for severe mental disorders
- Eating disorders
- Clinical management and assessment of schizophrenia
- Clinical management and assessment of depression
- Clinical management and assessment of bipolar disorders
- Clinical management and assessment of anxiety and obsessive-compulsive disorders

- Clinical management and assessment of emergencies in psychiatry
- Mental health care delivery systems
- Neurodevelopmental disorders
- Forensic psychiatry, legislation and service organization
- Psychiatry in the elderly

## **Prerequisites**

In the curriculum, there are no prerequisite exams.

## **Teaching form**

In person lectures.

## **Textbook and teaching resource**

Shorter Oxford Textbook of Psychiatry (7 edn). Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel.  
Publisher: Oxford University Press Print Publication. Date: Oct 2017 Published online: Jan 2018. Print  
ISBN-13: 9780198747437. DOI: 10.1093/med/9780198747437.001.0001  
Slides

## **Semester**

5 Year - 1 Semester

## **Assessment method**

Oral exam assessing the student's global learning about epidemiology, symptoms, and classification of mental disorders.

## **Office hours**

By appointment  
Prof. Giuseppe Carrà: [giuseppe.carra@unimib.it](mailto:giuseppe.carra@unimib.it)  
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## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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