



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Tirocinio Professionalizzante Ostetricia e Ginecologia

2526-5-H4101D332-H4101D218M

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#### Aims

Acquire awareness of the characteristics of pregnancy and birth care in both low and high risk pregnancies.  
Participate in the vaginal and surgical birth experience.  
Acquire awareness of the peculiarities of the gynecological patient and skills in both outpatient and surgical management

#### Contents

Acquire skills in physical examination, in diagnostic-therapeutic pathways, in healthcare tools and in the technologies used to take care of women during the birth process and in the treatment of the main gynecological conditions and in reproductive health

#### Detailed program

##### Clinical Skills

Exercise empathic and communication skills towards women with obstetric-gynecological problems  
Collect a medical history aimed at detecting female physiology at various ages of life and identifying gynecological and obstetric problems  
Perform physical examination of the external genitalia  
Carry out the gynecological objective examination (even on a mannequin)  
Carry out a sample and smear for the PAP test  
Recognize the state of pregnancy and its specific changes  
Recognize the problems of a high-risk pregnancy  
Identify the signs of starting labor

Attending the birth and spontaneous afterbirth  
Attending the cesarean section  
Attend an obstetric ultrasound  
Attend a gynecological ultrasound  
Provide information on the prevention of tumors of the female genital system  
Provide information for the choice and use of different contraceptive methods  
Recognize the main benign gynecological pathologies  
Attend at least two of the most frequent gynecological surgeries  
Participate in the postsurgical management of a gynecological patient  
Participate in the management of the puerperium  
Detect external lesions and other signs of pathologies of medico-legal relevance in the gynecological field

## **Prerequisites**

Knowledge of the basic elements of the discipline

## **Teaching form**

Participation in presence with supervision for 30 hours in the activities of the obstetrics-maternity department, delivery room, clinics for pregnancy care and obstetric ultrasound  
Simulation with mannequin

## **Textbook and teaching resource**

see the general Syllabus of the Course

## **Semester**

second semester of the V year

## **Assessment method**

certification of the presence

## **Office hours**

by appointment using e-mail  
robert.fruscio@unimib.it

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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