

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **COURSE SYLLABUS**

## Feeding and Eating Disorders in Childhood and Adolescence

2526-5-H4101D302

#### Aims

Provide a basic knowledge of the affective and relational values of nutrition in childhood and adolescence and of possible nutrition and eating disorders

#### **Contents**

Nutrition from birth onwards: affective and relational values.

Nutrition and eating disorders in developmental age

Analysing and evaluating symptoms and effectiveness of treatments, bearing in mind epidemiological and clinical differences between females and males

#### **Detailed program**

Nutrition from birth onwards: affective and relational values.

Meaning of food.

Disorders in early childhood: classification DC: 0-5

Nutrition and eating disorders: arfid, anorexia, bulimia, binge eating Insight into anorexia in adolescence

### **Prerequisites**

Not required	
useful to have studied psychiatry	,

### **Teaching form**

in-presence lectures

### Textbook and teaching resource

slides, bibliographical references

#### Semester

2nd semester

#### **Assessment method**

attendance

### Office hours

By appointment to be agreed upon by e-mail renata.nacinovich@unimib.it

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION