

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

In Vino Veritas: Vino e Medicina Dall'Antica Enotria all'Alcol Test

2526-2-H4101D401

#### **Aims**

To analyse the very complex and evolving relationship between wine, medicine and economics from antiquity to the new millennium. To know the evelotion of winemaking from the Mesopotamia to the very modern wineries of the new millennium. To understand the progressive changes concerning the relationship between wine and medical science and reflect on the "traditional" question still unanswered: is the wine a dangerous drink or is it just a matter of dosage and can it be considered a medicine? The different answers given over the centuries have always had a very strong influence on consumption and thus on the economy of wine-growing regions (with particular reference to the Italian case).

#### **Contents**

The course illustrates the evolution of the complex relationship between wine and medicine and economics from antiquity to the new millennium: the effects of technological and legal changes on the wine production and consumption are analysed, as well as discussions in the clinical field concerning the healthiness and danger of wine and its effects on the economy of wine-growing areas

## **Detailed program**

Brief notes on the chemical and organoleptic characteristics of wine.

The evolution of wine-growing from antiquity to the new millennium: the role of technology (new vinification methods, more modern cellars, etc.), legal regulations (rules on hygiene, labelling, consumption, designation of origin, etc.) and marketing (invention of tradition, meditation wines, etc.).

The great growth in wine quality between the end of the 19th century and the new millennium: the effect of diseases, economic factors and (Italian and European) regulations.

The evolution of the relationship between wine and medicine: drug or poison? is it just a matter of dosage? Effects of the non-unique answer on the economy of wine-growing areas

# **Prerequisites**

To be enrolled in the second year or later

## **Teaching form**

DE - 14 hours - Frontal lessons

# Textbook and teaching resource

Papers and documents provided by the professor

#### Semester

Second semester

#### **Assessment method**

Active participation and final interview on the main concepts presented in the course

### Office hours

Contact theprofessor by e-mail (paolo.tedeschi@unimib.it) for an online or in-office meeting

# **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | RESPONSIBLE CONSUMPTION AND PRODUCTION