

## SYLLABUS DEL CORSO

### General Physiology II

2526-2-H4102D010-H4102D031M

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#### Aims

The course aims to provide knowledge about cellular functions at the basis of systems physiology. At the end of the course, the student will be able to understand how a cell can perform its vital functions to guarantee the homeostasis of the tissue to which it belongs thanks to its basic mechanisms. The student will be able to use this knowledge for the interpretation of the pathophysiological signs and symptoms, as a starting point for the study of the physiology of the individual systems subsequently treated in the vertical tracks.

1. Knowledge and Understanding: It is essential that all medical students receive sufficient exposure to the physiological concepts underlying the functions of the human body
2. Applied Knowledge and Understanding: The curricular objectives are primarily focused on the normal function of the organism, however, the material is presented in a context that prepares students for their role as physicians. Therefore, whenever possible, clinical examples will be used to illustrate the basic physiological principles.
3. Autonomy of judgment: Correlate the structure and normal function of the organism as a complex of biological systems in continuous adaptation, interpreting the morpho-functional anomalies that occur in different diseases
4. Communication skills: Acquisition of the set of skills that allow one to interact effectively with others, both verbally and non-verbally.
5. Learning ability: acquisition of the physiological concepts underlying the functions of the human body which will provide the necessary foundation for further studies in pharmacology, pathology, pathophysiology and clinical medicine and surgery.

#### Contents

The course is based on the systematic presentation of physiological concepts underlying the functions of the human body. The sequence of events leading to an imbalance of a specific function cannot be appreciated without a deep understanding of the basic biophysical and physiological mechanisms. Therefore, these mechanisms that

guarantee functions at the cellular and tissue level will be presented. In particular, membrane transports, neuronal, muscular, cardiac cell excitability, the physiology of sensory systems, motor control, muscle contraction and the fundamentals of the cardiac and respiratory physiology will be analyzed.

## **Detailed program**

Transports across the cell membranes.

Structure and function relation of the cellular membranes. Movement of water or solutes through a selectively permeable membrane. Carrier-mediated transports (uniport, symport, antiport) and ion channels.

Physiology of the body barriers.

The Blood Brain Barrier and the Air-Blood Barrier structure and function. Transcellular and paracellular permeability, electrical trans endothelial resistance measurements in vitro models.

Cell excitability and neurotransmission. Integration of synaptic inputs.

The resting membrane potential. Genesis and propagation of action potential, EPSP and IPSP, the synaptic transmission, LTP and LTD.

Electric activity of the brain (introduction to EEG).

Introduction to the Electrophysiology of the Brain. Synaptic Currents and Volume Conduction. Origin of EEG: Cellular Sources. Main Types of Rhythmical EEG activities. Phenomenology and Functional Significance of sleep

Sensory and Motor Units. Signal trasduction and coding.

Sensory receptors -intensity, duration and position

Pain Perception - nociceptors, anatomical distribution, activation and sensitization mechanisms

Emodynamics.

Define the organization and hemodynamic of systemic circulation. Arteries, arterioles, capillaries, venules and veins. Lymphatic system. Hemostasis and coagulation\*\*.\*\*

Fundamentals of Respiratory Physiology. Physiology of Ventilation. Gas exchanges, diffusion and Fick's law.

## **Prerequisites**

Deep knowledge of anatomy, biology, genetics and physics.

To take the Fundamentals of Human Physiology exam, students must pass the exam:

Fundamentals of Human Morphology.

## **Teaching form**

All lessons are held in person in delivery mode (direct instruction): the teacher begins with a first part in which concepts are exposed (direct mode) and then an interaction opens with the students which defines the next part of the lesson (interactive mode).

The teaching methods will include lectures, videos, and class discussions.

Whenever possible, clinical case analyzes will be proposed for the evaluation of the specific physiological parameters.

Lessons in attendance, subject to any ministerial changes.

In case of pandemic restrictions, the courses will be delivered in mixed mode from asynchronous remote with synchronous videoconferencing events (WEBEX)

## **Textbook and teaching resource**

- E. R. Kandel, J. H. Schwartz, T. M. Jessel, S. A. Siegelbaum, A. J. Hudspeth, Principles of neural science, Mc Graw Hill Medical

- Dale Purves, George J. Augustine, David Fitzpatrick, William C. Hall, Anthony-Samuel LaMantia, Richard D. Mooney, Michael L. Platt, Neuroscience (6th Edition) – eBook - Sinauer Associates (Oxford University Press); 6th edition

- Susan E. Mulroney, Adam Myers, Netter's Essential Physiology, Elsevier

## **Semester**

First semester

## **Assessment method**

There will not be on going tests. The exam consists in a written test. Open questions will be posed to the student in order to evaluate the general knowledge of the topics. Moreover, the student will be asked to answer to questions that require the analysis of a complex phenomenon, its rationalization and the application of specific physiology principles and to solve simple exercises. Finally, a clinical case may be presented which will require the analysis of the interconnections between different physiological variables in the light of the theoretical paradigms.

Exams written, in case of pandemic restrictions, will be provided by the platform <https://esamionline.elearning.unimib.it>, access to which will be activated for the date and time of the exam.

## **Office hours**

The professor receives by appointment upon agreement by e-mail [giulio.sancini@unimib.it](mailto:giulio.sancini@unimib.it)

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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