



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psychiatry

2526-5-H4102D034-H4102D141M

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#### Aims

The aim of the course is to provide students with the skills necessary to: conduct a thorough psychiatric interview and collect a comprehensive history, including family history; perform a mental state examination effectively; formulate differential diagnostic hypotheses based on clinical history and psychiatric findings; identify and prioritize additional diagnostic tools, such as brain imaging techniques, biohumoral, neuroendocrinological, and neurophysiological tests; integrate the collected data to deliver an accurate psychiatric diagnosis; determine the most appropriate therapeutic options for the patient, with a focus on precision psychiatry; clearly communicate the treatment plan to both the patient and caregivers, outlining the course of care.

#### Contents

A comprehensive overview of psychopathology, diagnosis, pharmacological and non-pharmacological treatments of the main psychiatric disorders.

#### Detailed program

- Psychiatric interview
- Mental State Examination (vigilance, consciousness, orientation, intelligence, attention, memory, appearance and behaviour, speech, thought, perception, affectivity, impulsivity, volition, insight)
- Schizophrenia spectrum-disorders
- Depressive Disorders
- Bipolar and related Disorders
- Anxiety Disorders
- Obsessive-Compulsive and related Disorders

- Trauma- and Stressor-Related Disorders
- Somatic Symptom and related Disorders
- Substance-related and Addictive Disorders
- Personality Disorders
- Neurocognitive Disorders
- Emergencies in Psychiatry

## **Prerequisites**

Neuroscience I

## **Teaching form**

The students will be divided into small groups of 5-6, and it will be asked them to rotate in different clinical psychiatric settings: Psychiatric Inpatients Unit, Day-Hospital, Emergency Room, Psychiatric Outpatient Unit and Day Care. Learning will be based on lectures, problems (problem-based learning) and clinical cases (case-based learning). The tutoring system will be 1:1. The student will be both a clinical observer and a supervised performer (tutor).

## **Textbook and teaching resource**

- Shorter Oxford Textbook of Psychiatry (7 edn)  
Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel  
Publisher: Oxford University Press Print Publication  
Date: Oct 2017 Published online: Jan 2018  
Print ISBN-13: 9780198747437  
DOI: 10.1093/med/9780198747437.001.0001
- American Psychiatric Association (Ed.). (2022). Diagnostic and statistical manual of mental disorders DSM-5-TR (Fifth edition, text revision). American Psychiatric Association Publishing.
- Taylor, D. M., Barnes, T. R. E., & Young, A. H. (2021). The Maudsley prescribing guidelines in psychiatry (14th ed.). John Wiley & Sons.

## **Semester**

Year 5, semester I

## **Assessment method**

Before being allowed to sustain the oral examination the student should meet the following requirements:

- 80% of attendance to the Clerkship 8
  - Approval from the tutor of the acquisition of the required skills
- The oral examination shall be carried out by a multidisciplinary team of teachers belonging to Clerkship 8. To the students, divided into groups of about 10, will be asked to prepare and deliver a power point presentation on transversal topics to the Clerkship (of about 30 minutes of duration) that explores definition, clinical presentation, differential diagnosis, diagnostic tests and therapeutic approaches.

## **Office hours**

Appointment by email:  
digiorgio.annabella@asst-pg23.it  
ebondi@asst-pg23.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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