



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Psychiatry I

2526-5-H4102D091-H4102D131M

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#### Aims

The aim of this course is to provide the students with the basic information on symptoms, classification, and treatments of main mental disorders.

#### Contents

This course provides a comprehensive overview on symptoms, classification, and treatment of main mental disorders.

#### Detailed program

- Clinical management and assessment of schizophrenia spectrum disorders
- Clinical management and assessment of depressive disorders
- Clinical management and assessment of bipolar disorders
- Clinical management and assessment of anxiety disorders
- Clinical management and assessment of obsessive-compulsive disorders
- Clinical management and assessment of post-traumatic stress disorders
- Clinical management and assessment of sleep disorders
- Clinical management and assessment of eating disorders
- Clinical management and assessment of psychomotor agitation
- Clinical management and assessment of suicidal behaviours

## **Prerequisites**

## **Teaching form**

Teaching will be based on frontal lessons (didattica erogativa – DE). Each Lesson (n = 10) will last 2 hours and will be provided in-person.

## **Textbook and teaching resource**

- Shorter Oxford Textbook of Psychiatry (7 edn). Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel. Publisher: Oxford University Press Print Publication. Date: Oct 2017 Published online: Jan 2018. Print ISBN-13: 9780198747437. DOI: 10.1093/med/9780198747437.001.0001
- Selected chapters of "The Maudsley®. Prescribing Guidelines in Psychiatry".
- Slides delivered in the e-learning platform

## **Semester**

Year 5, semester I.

## **Assessment method**

Oral exam assessing the student's global learning about symptoms, classification, and treatment of mental disorders, within the overall exam of Neuroscience 2.

## **Office hours**

Appointments by email: [francesco.bartoli@unimib.it](mailto:francesco.bartoli@unimib.it)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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