UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psichiatria e Psicologia Clinica

2526-3-I0101D014

Aims

Knowledge and understanding: know the role and functions of the nursing profession in the field of mental health, the main psychopathological conditions and communication and relational difficulties that can arise;
Applying knowledge and understanding: recognize acute episodes, crises, urgencies, emergencies, and psychological distress and apply the principles for their management;
Making judgements: assess the specific responsibilities and competencies of the nurse within Mental Health and Addiction Services;
Communication skills: develop therapeutic communication and helping relationships specific to the mental health context; work effectively in teams and networks.
Learning skills: use teaching materials and audiovisual tools to deepen knowledge; actively participate in lectures and discussions to improve skills.

Contents

psychiatry
clinical psychology
mental health nursing

Detailed program

See details of the Teaching modules

Prerequisites

Defined by the Teaching Rules

Teaching form

The course is structured in lectures held in dispensative mode in presence in the initial part that is aimed at involving students in an interactive way, in the following part through the group discussion of professional situations. For the module of Psychiatry the lessons are carried out through system of Teledidattica.

Textbook and teaching resource

see every module

Semester

First semester academic year

Assessment method

Written exam: 10 multiple-choice questions on Psychiatric Nursing, 1 clinical case in Psychiatric Nursing to be solved; 9 multiple-choice questions and 1 open-ended question on the Psychiatry module; 9 multiple-choice questions and 1 open-ended question on the Psychology module. The final grade is based on the weighted average of the individual modules.
Allocated time 90 minutes

Office hours

by appointment: marco.bani1@unimib.it
online or in presence (Building U38, 5° floor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES