



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Psychiatry and Clinical Psychology

2526-3-I0101D014

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#### Aims

Knowledge and understanding: know the role and functions of the nursing profession in the field of mental health, the main psychopathological conditions and communication and relational difficulties that can arise;

Applying knowledge and understanding: recognize acute episodes, crises, urgencies, emergencies, and psychological distress and apply the principles for their management;

Making judgements: assess the specific responsibilities and competencies of the nurse within Mental Health and Addiction Services;

Communication skills: develop therapeutic communication and helping relationships specific to the mental health context; work effectively in teams and networks.

Learning skills: use teaching materials and audiovisual tools to deepen knowledge; actively participate in lectures and discussions to improve skills.

#### Contents

psychiatry  
clinical psychology  
mental health nursing

#### Detailed program

See details of the Teaching modules

## **Prerequisites**

Defined by the Teaching Rules

## **Teaching form**

The course is structured in lectures held in dispensative mode in presence in the initial part that is aimed at involving students in an interactive way, in the following part through the group discussion of professional situations. For the module of Psychiatry the lessons are carried out through system of Teledidattica.

## **Textbook and teaching resource**

see every module

## **Semester**

First semester academic year

## **Assessment method**

Written exam: 10 multiple-choice questions on Psychiatric Nursing, 1 clinical case in Psychiatric Nursing to be solved; 9 multiple-choice questions and 1 open-ended question on the Psychiatry module; 9 multiple-choice questions and 1 open-ended question on the Psychology module. The final grade is based on the weighted average of the individual modules.

## **Office hours**

by appointment: marco.bani1@unimib.it  
online or in presence (Building U38, 5° floor, room 5041)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES

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