UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Scienze Umane e Storia della Medicina

2526-3-I0101D018

Aims

At the end of the integrated course, as a whole, the student will be able to:

Knowledge and understanding
Understand the cultural and social aspects that have influenced the evolution of modern medicine and the emergence of the nursing profession.
Identify the current regulatory and socio-cultural context in which nursing takes place.
Applied knowledge and understanding
Analyse the ethical and deontological principles that guide professional nursing practice and the daily actions of nurses.
Critically place nursing within the contemporary regulatory and socio-cultural framework.
Autonomy of judgement
Develop a reflective and critical approach in assuming one's responsibilities and exercising professional autonomy.
Formulate independent and critical judgements in relation to the ethical and deontological aspects that emerge in the professional context and in daily nursing practice
Assess the ethical implications of one's professional actions and decisions
Communication skills
Communicate clearly and effectively one's analyses and reflections on the regulatory, ethical and deontological aspects of the nursing profession
Learning skills
Acquire the conceptual tools necessary for continuous and independent learning about the evolution of the nursing profession and its foundations
Develop the ability to keep up to date with historical, epistemological, regulatory, ethical and social dynamics affecting nursing care

Contents

HISTORY OF MEDICINE: this module provides students with the tools necessary to understand the cultural and social aspects of modern medicine through an analysis of its historical and epistemological evolution. The knowledge acquired forms the basis for understanding how nursing fits into the current socio-cultural context.
NURSING AND HUMAN SCIENCES: this teaching module introduces students to a critical approach to assuming responsibility and autonomy in the professional sphere, addressing: the responsibility and autonomy of nurses, regulatory and professional background; interprofessionality, support figures (social and healthcare workers and nursing assistants). Aspects related to nursing training in Italy and national and regional regulations for Continuing Medical Education (CME) will be addressed.
PROFESSIONAL ETHICS: the teaching module offers an analysis of the professional principles, concepts and values that guide nursing practice. In-depth information will be provided on the Code of Ethics for the Nursing Professions, revised in 2025, and on the Code of Ethics issued by the ICN (2021), as well as knowledge relating to a method for the ethical and deontological analysis of clinical situations where conflicts of values, problems and ethical dilemmas arise. The course will cover useful content for approaching issues related to the fairness of care and the rationality of services, end-of-life ethical issues, and clinical and care research and experimentation. Aspects of bioethics will be analysed, with particular reference to current problems arising in the context of care.

Together, these contributions of knowledge will form the basis for understanding the current healthcare situation and, through an in-depth examination of regulatory assumptions and professional issues, will encourage critical reflection on research and professional practice, helping to consolidate responsibility and autonomy in future professionals.

Detailed program

Please refer to the syllabi for the individual teaching modules.

Prerequisites

Defined by the teaching regulations.

Teaching form

All lessons are held in person, mainly in a lecture format, with the possibility, at the discretion of the teacher, of guided discussion of clinical cases, educational videos, group work narratives, and team-based learning (TBL).
The lessons of the History of Medicine module are delivered through distance learning with synchronous transmission from the Monza campus to the Bergamo, Lecco and Sondrio (Faedo Valtellino) campuses.
The language of instruction is Italian.

Textbook and teaching resource

Please refer to the syllabi for the individual teaching modules.

Semester

2nd Semester 3rd academic year

Assessment method

There are no ongoing assessments.
The final exam aims to assess students' extensive knowledge of the exam programme and their ability to reflect independently on critical points of the programme.
All three teaching modules must be passed in order to pass the exam.
The final exam lasts a total of 90 minutes.
The final grade is the weighted average of the three modules that make up the course: 50% History of Medicine (2 CFU), 25% Nursing and Human Sciences (1 CFU), 25% Professional Ethics (1 CFU).
The tests in written form (one for each teaching module) consist of multiple-choice quizzes and open questions with short answers (very short essay).

For the specifics of the tests, please refer to the individual teaching modules.

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY