UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Community Nursing

2526-2-I0101D025-I0101D031M

Aims

After attending this course, the student will be able to:

- Identify the skills of the community nurse by describing the areas in which he/she operates to ensure continuity of care in primary care
- Describe the purposes of Health and Therapeutic Education, implement and evaluate a health education intervention

Contents

The course aims to prepare the future nurse to:

1. Evaluate the health status and needs of the person in the different stages of life (adulthood, childhood, adolescence), of the family context and know those of the community
2. Promote and participate in prevention and health promotion initiatives aimed at the community
3. Promote informative and educational interventions aimed at individuals, families and groups, aimed at promoting changes in lifestyles
4. Supervise and facilitate the paths in the various services using the skills present in the network

Detailed program

Health: general aspects

- Definition, origin and development

- The determinants of health and health promotion
- Alma Ata Declaration 1978
- Ottawa paper 1986
- Health 21 health for all in the 21st century Copenhagen 1999
- Munich Declaration June-2000
- Health 2020 “A model of European policy in support of a transversal action to the government and society in favor of health and well-being"
- National Prevention Plan 2020-2025
- National Chronicity Plan
- Health pact
- National Recovery and Resilience Plan and Ministerial Decree n.77/2022 "Models and standards for development of territorial assistance in the National Health Service"

The community:
Definition of the context in which the nurse operates
Community nursing

- Definition and competencies of the community nurse
- Territorial assistance: areas of intervention of the community nurse
- Community welfare experiences e.g. Consensus Project, Microareas of Trieste

Health education:
Definition and purpose
-The educational process and therapeutic education

- The methodology for planning a health education intervention

Prerequisites

Positive evaluation in these previous examinations: Fundamentals of Nursing and Midwifery Sciences; Nursing Clinical Methodology; Biomedical Sciences 1; Human Physiology.

Teaching form

lecture in presence

Textbook and teaching resource

REFERENCE

- Scalorbi S., Longobucco Y.,Trentin A. (2022) Infermieristica preventiva, di famiglia e di comunità MCGraw-Hill Education
- Maciocco N. (2019) Cure primarie e servizi territoriali
- Auxilia F., Pontello M. (2012) Igiene e sanità Pubblica – Educazione sanitaria. Strategie educative e preventive per il paziente e la comunità. Casa editrice Piccin
- Position Paper FNOPI (2020) Infermiere di famiglia e comunità
- Beghelli Ferraresi Manfredini (2015) Educazione terapeutica, Carocci
- Decreto Ministeriale n.77/2022 “Modelli e standard per lo sviluppo dell’assistenza territoriale nel Servizio sanitario nazionale”
- Legge Regionale n.22/2021

Bibliografia approfondimento

- Shajani Z., Snell D., Brugnolli A. (2021) Infermieristica di famiglia. Una guida per prendersi cura del sistema famiglia. Il pensiero scientifico
- Comodo N., Maciocco G. (2011) Igiene e sanità pubblica. Manuale per le professioni sanitarie. Milano: Casa editrice Carocci Faber
- Mislej M., Paletti F.(2008) L’infermiere di famiglia e di comunità e il diritto di vivere a casa anche quando sembra impossibile ….. Santarcangelo di Romagna (RN) : Casa Editrice Maggiolini

Semester

second semester

Assessment method

Written examination composed of multiple choice questions and open questions.
In the exam of Clinical Nursing Methodology 2 it is necessary to achieve the sufficiency in all 4 disciplines that compose it: Clinical Pharmacology, General Surgery, Nursing in Surgery, Community Nursing

Office hours

On appointment to be agreed by email

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY