UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Introduzione al Tirocinio 1

2526-1-I0101D902-I0101D906M

Aims

In preparation for the clinical internship, students must:

1. Knowledge and understanding
   Learn nursing concepts and ethical principles relevant to the internship and level of training.
2. Ability to apply knowledge and understanding
   Use ethical and professional knowledge in the care situations covered by the educational project.
3. Independent judgement
   Act with awareness of their responsibilities and evaluate their role within the team.
4. Communication skills
   Establish effective relationships with team members, participating actively and constructively.
5. Learning skills
   Prepare for the clinical context by integrating theory, practice and awareness of the professional role

Contents

During the internship will be tested, within the social and health structures, the contents presented within the courses of the year with particular reference to the conceptual model in use in the individual sections of the course. Among the aims of the clinical internship is to learn and develop PROFESSIONAL SKILLS divided into six areas: Culture, ethics and values; Health promotion and prevention, guidance and education; Decision making; Communication and teamwork; Research, development and leadership; Nursing.

Detailed program

In preparation for the internship the student will deepen the following contents:
• Structural analysis of a research article
• Exercises measuring vital signs
• Exercise on hygienic care at the bed of the dependent person
• Exercises on mobilization and manual and aid transfer techniques
• Evaluation of pressure injuries
• Pediatric patient nursing
• Nursing care for cancer patients

Prerequisites

Defined by the regulations of the Degree Programme.

Teaching form

The teaching method develops reaching 1 CFU for a total of 25 hours, divided as follows:

- 5 lessons from 1 hour in front of the course;
- 10 lessons of 2 hours of laboratory activities and exercises, carried out in interactive mode in presence;

Textbook and teaching resource

Ausili D., Baccin G., Bezze S., Bompan A., Macchi B, Alberio M., Sironi C., Di Mauro S. (2018) Il Modello assistenziale dei processi umani (2018): un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Pubblicazione CNAI – Centro Italiano Accreditato per la ricerca e lo sviluppo dell'ICNP™

Craven R.F., Hirnle C.J., Jensen S., Henshaw C.M. (2024) Fundamentals of Nursing and Competencies, 9th ed. USA: Wolters Kluwer Health Inc.

Herdman TH, Kamitsuru S, Takáo Lopes C (2024) Nanda International. Nursing Diagnosis: Definitions & Classification 2024-2026, 13th. New York: Thieme Medical Publishers, Inc.

Sironi C. (2010) Introduzione alla ricerca infermieristica - I fondamenti teorici e gli elementi di base per comprenderla nella realtà italiana. Rozzano (Mi): Casa Editrice Ambrosiana

Hinkle J.L., Cheever K.H., Overbaugh K.J. (2024) Brunner & Suddarth's Texbook of Medical-Surgical Nursing, 15th ed. USA: Wolters Kluwer Health Inc.

Semester

1 st year, 2 nd Semester

Assessment method

Attendance at lectures and workshops

Office hours

By appointment with the relevant teachers of the Teachings

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY