UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Metodologia Clinica nelle Scienze Infermieristiche

2526-1-I0101D917

Aims

The course introduces the student to the basics of professional nursing practice. The conceptual and methodological bases necessary to assist patients in low-complexity care situations will be explored in depth, with particular reference to fundamental care and understanding the ethical and deontological implications of professional nursing practice.

At the end of the course the student will have developed:

1.Knowledge and understanding
To describe the fundamentals of clinical nursing and professional ethics, which are necessary to be able to comprehensively assess a person's state of health (physical, psychological, social and spiritual), implement nursing interventions and understand the principles and ethical concepts that guide professional practice.

2.Ability to apply knowledge and understanding
To identify health problems of nursing competence, using an integrated approach to the assessment of the patient. To apply ethical and deontological principles in the analysis and management of simulated nursing situations in order to orientate professional action in a conscious and ethical manner, respecting the person, his or her wishes and the context of care.

3. Autonomy of judgement
To develop the ability to critically analyse collected data, to make judgements about the needs of the patient and to select nursing interventions, justifying nursing decisions in the light of scientific rationale, available evidence and ethical and deontological implications related to professional practice.

4. Communication Skill
Communicate in a clear and organised manner the relevant data from the nursing assessment, the problem identified and the related nursing decisions; one's own judgement on ethical and deontological implications related to professional practice.

5. Ability to learn
Develop self-directed learning skills through the analysis and reflection of classroom clinical situations, the ability to ask questions, to assess one's own learning needs and to identify resources for integrating the latest ethical and evidence-based evidence into professional practice.

Contents

Initial comprehensive assessment of the patient and nursing interventions with reference to: respiratory and cardiovascular function, nutrition and hydration, urinary and intestinal elimination, mobility, thermoregulation, hygiene, self-care and skin integrity, safety, infection prevention, sleep, pain, communication and helping relationship, sensory perception, health education and health promotion, cognitive processes, self-concept, loss and bereavement, stress, coping and adaptation, human sexuality, spiritual health.
Deontological implications of nursing practice in relation to some issues of professional relevance, also with reference to recent regulatory directions.

Detailed program

Details of the contents are available in the Syllabi of the Clinical Nursing and Introduction to Professional Ethics modules.

Prerequisites

This course builds on the knowledge of Fundamentals of Nursing and Midwifery Science, Biomedical Science 1, Hygiene, Occupational Medicine and Medical Statistics.

Teaching form

All lectures are conducted in delivery mode (deductive lecture) in the initial part, which is aimed at involving the students interactively in the subsequent part (inductive lecture, with the possibility of guided discussion, in plenary and in small groups, of simulated clinical cases, also with ethical implications, and video film sequences). All activities are carried out in presence.

Textbook and teaching resource

The indications for the fundamental bibliography for the examination and the in-depth bibliography are available in the syllabi of the Clinical Nursing and Introduction to Professional Ethics modules that make up the teaching.

Semester

Second semester.

Assessment method

Written and oral examination on the topics of the examination programme and the core bibliography. There are no in itinere tests.
Written examination: 30 multiple-choice questions with only 1 correct answer for extensive testing of preparation (no. 25 questions on Clinical Nursing; no. 5 questions on Introduction to Professional Ethics; minimum acceptable level for admission to the oral examination: 18/30). A time of 40 minutes is allotted for the written test. Publication of the results (admitted/not admitted) normally takes place within 3 days of the written examination.
Oral examination: The oral examination will be conducted in person. The dates of the oral exam are published at the beginning of the academic year.
The assessment of the oral examination is formulated taking into account the ability of the candidate to illustrate clearly and comprehensively the methods of assessment of the state of health of the person being cared for, the nursing interventions aimed at prevention and treatment of the main nursing risks/problems, as well as the ethical and deontological implications of nursing practice.
The evaluation of the oral examination is expressed in thirtieths.
The final assessment of the examination is the weighted average of the 2 assessments obtained (written examination weighting 40% - oral examination weighting 60%). The final assessment is communicated at the end of the oral examination.

Office hours

Course lecturers receive by appointment.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS | PARTNERSHIPS FOR THE GOALS