

## UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

# Nursing Profession and Culture: Meeting With Representatives of Professional Associations

2526-2-I0101D124

#### **Aims**

This elective course aims to develop the following competencies, in line with the Dublin Descriptors:

#### 1. Knowledge and Understanding

Acquire in-depth knowledge of the main professional nursing associations, both nationally and internationally, understanding their structure, aims, activities, and impact on the profession. Comprehend the role and importance of professional associations as a tool for the protection, promotion, and development of the nursing profession.

#### 2. Applying Knowledge and Understanding

Critically recognize and analyze the professional models presented by association representatives, identifying their values, strategies, and implications for clinical practice and the professional context. Contextualize the acquired information on associationalism to evaluate how it can influence the development of individual and collective professional pathways.

#### 3. Making Judgements

Develop the ability to formulate autonomous and critical judgments regarding professional and associational engagement, discerning between different perspectives and approaches. Reflect on one's own professional positioning, identifying as an active part of the nursing community and recognizing the value of comparing with proactive professional models, taking into account the ethical and social implications of associational action.

#### 4. Communication Skills

Interact effectively with representatives of professional associations, asking pertinent questions and actively participating in discussions. Clearly and coherently express one's ideas and reflections on the role of associationalism and professional identity, both with specialist and non-specialist interlocutors.

## 5. Learning Skills

Develop a proactive approach to continuous updating on the dynamics of professional associations and the evolution of the nursing profession, even outside the academic context. Gain awareness of the importance of comparing with professional models for one's own growth and for promoting continuous and autonomous learning.

#### **Contents**

The course aims to deepen the motivations and the added value that a professional nurse can experience in active membership in a generic association or category.

Participation in an association, through sharing among the different participants, promotes the development of training, nursing culture and supports the motivation for quality professional growth as well as greater visibility in the scientific community and the territory. It allows the nursing professional to have an international breath of confrontation and continuous scientific innovation.

### **Detailed program**

- Introduction to the elective course Profession and Culture Nursing
- Framework of reference: the birth associations development and scientific contribution to the profession
- CNAI (Consociazione nazionale associazioni infermiere/i) presentation of the association;
  - Illustration of the CNAI documents presented annually on the International Day of Nurses
    - Presentation of EFN: European Federation of Nurses
    - Presentation of the ICNP National Centre
    - Presentation of national and European associations
  - Nursing Now Challenge
  - ARLI: Regional Association of Lombardy Nurses and territorial units
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  - Experience of associates

#### **Prerequisites**

Enrolling in the 2nd-3rd year of the Bachelor's Degree in Nursing Enrolling in the Master's Degree in Nursing and Midwifery Science

#### **Teaching form**

Frontal lesson, mainly carried out in integrated delivery mode with narrations of experiences, demonstration videos, guided discussions

## Textbook and teaching resource

• AA.VV. "L'Associazione regionale Lombardia Infermiere/i: 50 anni di storia" ARLI, 1996

## Semester

Second semester

## **Assessment method**

Frequency

## Office hours

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION