



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Strategies Against Violence

2526-2-I0101D138

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#### Aims

To continuously raise the awareness of future health professionals, in order to maintain a high level of alert that allows to intercept and identify all cases of violence in various dimensions, including the legislative and regulatory framework of reference. Develop a critical, integrated and multidisciplinary care approach to support victims both within and outside the hospital, actively collaborating with the various social and health resources to ensure full coverage from reception to follow-up.

The specific objectives of the course, defined according to the Dublin Descriptors, are as follows:

1. To know and understand the phenomenon of violence in its different forms and dimensions, knowing the normative and legislative framework of reference.
2. Apply knowledge to detect early signs of violence in various care settings and activate the planned management routes.
3. Develop autonomy of judgment in the critical analysis of intra- and extra-hospital paths, evaluating the care needs of the person and the available resources.
4. Communicate effectively with the victim of violence, the health team and the territorial network using professional, respectful and protection-oriented language.
5. Strengthen the capacity to learn, maintaining a sensitive attitude, updated and aware of the evolution of social reality and integrated care responses.

#### Contents

Violence, mistreatment and sexual abuse against women are unfortunately present in daily social life and often go unpunished as they are committed within a relationship. Every type of violence leaves the victim with pain that lasts over time, in addition to the risk of never seeing a true and full punishment for the serious crime committed by the aggressor, it also causes numerous failures to report and report for fear of retaliation: the result is that the woman is unable to start a path to escape from the circle of violence.

The phenomenon is terrible: in Italy in 2023, a woman was killed approximately every three days. Added to this are

numerous other types of violence, often undetected, which can lead to many other victims over time. In 2023, 120 women were killed. In 64 cases the murder occurred at the hands of partners or ex-partners. These are the numbers that emerge from the "8 March. International Women's Rights Day. Women victims of violence", of the Criminal Analysis Service of the Central Criminal Police Directorate, the joint office of the Department of Public Security. According to Istat data, approximately 7 million women have suffered some form of abuse during their lives. Nurses and all healthcare professionals are called to play a very important role aimed at identifying and managing these situations, but first and foremost at preventing and safeguarding the health of the victims and the family context, especially in the presence of minors. The elective course aims to raise awareness among students of the Degree Course in Nursing (future healthcare professionals) of the importance of correct recognition of the problem of abuse/maltreatment and of a qualitatively advanced healthcare approach, which cannot ignore the integration of different skills, resources and professional figures, essential for building a synergistic path of reception and care.

## **Detailed program**

general introduction of the phenomenon  
the national and international regulatory framework  
physical, economic, psychological, sexual and religious violence  
the phases of the cycle of violence  
the chain of non-violence and coordination on the territory  
collaboration with law enforcement and judicial authorities  
the reception of women the importance of the role played by the Nurse in the Emergency Room at the EAS Centre;  
the specific company synergy protocols between the various emergency rooms  
the peculiarities of managing the female victim during the triage phase, interception, alarm bells, professional evaluation, taking charge, what strategies to give the right answer to the question in question  
some practical tests and closing questions

## **Prerequisites**

Enrollment in the 2nd and 3rd year of the Degree Course in Nursing

## **Teaching form**

Teaching in presence - Frontal lesson, discussion in plenary

## **Textbook and teaching resource**

Camaldo, L. (2013) Corso di Alta Formazione Abuso, maltrattamento e sfruttamento sessuale dei minori-Gli strumenti giuridici di contrasto: la segnalazione e la denuncia all'Autorità giudiziaria.  
Christian, C.W. and On, C. (2017) 'The Evaluation of Suspected Child Physical Abuse', Pediatrics, 135(May 2015).  
NHS (n.d.) Domestic Violence, A resource manual for health care professionals.  
Panos Institute (n.d.) Beyond victims and villains. (Specific reference: p. 3, cap. 1: The global context: the gender violence and human-rights movements).

UNICEF Innocenti Research Centre (n.d.) Violence against women and girls. Innocenti Digest no. 6.

World Health Organization (n.d.) Preventing violence: a guide to implementing the recommendations of the World report on violence and health. (Specific reference: Part IV: "Promoting social and gender equality and equity to prevent violence").

Linee guida e documenti ufficiali

Azienda GOI (n.d.) Scheda clinica relativa ai casi di violenza sulle donne. Estratto da [www.Aziendagoi.it](http://www.Aziendagoi.it).

Associazione Scientifica Genetisti Forensi Italiani (n.d.) Linee guida per la repertazione di tracce biologiche per le analisi di genetica forense nel percorso assistenziale delle vittime di violenza sessuale e/o maltrattamento.

Clinica L. Mangiagalli - Soccorso Violenza Sessuale (n.d.) Linee Guida assistenza sanitaria, medico-legale, psico-sociale nelle situazioni di violenza alle donne e ai bambini.

Conferenza Mondiale sui diritti umani (1993) Dichiarazione di Vienna e Programma d'azione.

Studi Scientifici

Flaherty, E.G. et al. (2014) 'Evaluating children with fractures for child physical abuse', *Pediatrics*, 133(2), pp. e477-489.

Laurent-Vannier et al. (2011) 'A public hearing "Shaken baby syndrome: guidelines on establishing a robust diagnosis and the procedures to be adopted by healthcare and social services staff". Guidelines issued by the Hearing Commission', *Annals of Physical and Rehabilitation Medicine*, 54(9-10), pp. 600-625.

Leggi e decreti

Art. 365 Codice Penale (Libro II -Tit. III - Capo I Dei delitti contro l'autorità giudiziaria).

Art. 609 bis (Violenza sessuale) et segg. Codice Penale (Libro II - Tit. XII - Capo III – Sez. II Dei delitti contro la libertà personale).

D.Lgs 14 agosto 2013, n. 93 convertito in Legge 15 ottobre 2013, n. 119 (in G.U. n. 242 del 15 ottobre 2013). Disposizioni urgenti in materia di sicurezza e per il contrasto della violenza di genere, nonché in tema di protezione civile e di commissariamento delle province.

Legge 1 ottobre 2012, n. 172 (in G.U. n. 235 dell'8 ottobre 2012). Ratifica ed esecuzione della Convenzione del Consiglio d'Europa per la protezione dei minori contro lo sfruttamento e l'abuso sessuale, fatta a Lanzarote il 25 ottobre 2007, nonché norme di adeguamento dell'ordinamento interno.

Legge 15 febbraio 1996, n. 66 (in G.U. n. 42 del 20 febbraio 1996). Norme contro la violenza sessuale.

## **Semester**

second semester

## **Assessment method**

Frequency

## **Office hours**

By appointment

## **Sustainable Development Goals**

