UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Per Curare l'Uomo e Non la Malattia: Nozioni ed Azioni su Diritto alla Salute e Cooperazione Sanitaria Internazionale

2526-2-I0101D911

Aims

The elective course “To Cure Man and Not Disease: Concepts and Actions on the Right to Health and International Health Co-operation” aims to introduce students to the fundamental concepts of global health, health equity and international health cooperation. The aim is to provide a broader perspective on health as a human right and the actions needed to secure it worldwide.
The specific objectives, formulated according to the Dublin Descriptors, are as follows:

1. Knowledge and understanding:
   Acquire introductory knowledge on the topics of global health, the right to health and health equity.
2. Application of knowledge:
   Be able to critically analyse different health contexts and apply the principles of equity and international cooperation.
3. Autonomy of judgement:
   Develop critical awareness of health inequalities and ethical and professional responsibility in global contexts.
4. Communication skills:
   Communicate effectively in multicultural and multidisciplinary environments, promoting dialogue and collaboration.
5. Learning skills:
   Cultivate interest in independent study of global health issues and opportunities for cooperation.

Contents

Inequalities in health and health care in an increasingly globalised world, economically and culturally, have been increasing. The recent pandemic from Covid-19 and the current conflicts, more and less known, are impacting

global dynamics and are likely to accentuate these inequalities even more. The factors that determine the health of the population are to be found, in addition to medicine and health care, in the socio-economic conditions in which people live, in a look that today more than ever must be oriented to Global Health.

Detailed program

• Definition of health of a population and identification of certain distal and proximal health causes in a national and international setting
• Description of the historical evolution of different models of health systems with particular attention to the emergence of the concept of right to health and identification of the constituent elements of the main models of health organization and their correlation with patterns of welfare
• Relationship between health and development and impact of globalization on health
• Presentation of the framework for socio-demographic and legal immigration in Italy, the health rights of foreigners and transcultural aspects in assisting immigrants
• Role of international cooperation in combating inequalities in health with particular focus on Africa
• Role of the nursing profession in contrasting inequalities in health and in promoting public awareness on issues of global health and equity in health
• Reflection on your personal contribution as a nurse practitioner at both national and international

Prerequisites

Enrolling in the 2nd-3rd year of the Bachelor's Degree in Nursing
Enrolling in the Master's Degree in Nursing and Midwifery Sciences

Teaching form

Face-to-face teaching – frontal lectures; group works; testimonies

Textbook and teaching resource

On National Health Services:
• Geddes da Filicaia, M., (2018). La salute sostenibile. Perché possiamo permetterci un Servizio sanitario equo ed efficace. Il Pensiero Scientifico.
• Health Systems in Transition series (HiTs) [online], (senza data). European Observatory on Health Systems and Policies. Disponibile da: https://eurohealthobservatory.who.int/publications/health-systems-reviews
• Luiss Business School e Aiop Giovani – Associazione Italiana Ospedalità Privata, (2016). L'evoluzione dei modelli sanitari internazionali a confronto. Per costruire il Servizio Sanitario Nazionale del futuro.
On migration:
• Abubakar, I. et al., (2018). The UCL–Lancet Commission on Migration and Health: the health of a world on the move. The Lancet [online]. 392(10164), 2606–2654. Disponibile da: doi: 10.1016/s0140-6736(18)32114-7
• Caritas italiana e Fondazione Migrantes, (2023). XXXII Rapporto Immigrazione Caritas e Migrantes. Liberi di scegliere se migrare o restare. RICM.
• NATO Strategic Direction South HUB, (2021). The Challenge of the Youth Bulge in Africa and the Middle East

Migration and The Brain Drain. NATO.
• World Health Organization 2020, (2020). ApartTogether survey: preliminary overview of refugees and migrants self-reported impact of COVID-19. WHO.
On Intercultural Medicine:
• Farmer, P., (2004c). Pathologies of power: Health, human rights, and the new war on the poor : with a new preface by the author. Berkeley: University of California Press.
• Quaranta, I., (2012). Malati fuori luogo: Medicina interculturale. Milano: R. Cortina.
On determinants and inequalities in health:
• Associazione Salute Internazionale, (2022). Salute Internazionale [online]. Disponibile da: https://www.saluteinternazionale
• Kickbusch, I., Allen, L. e Franz, C., (2016). The commercial determinants of health. The Lancet Global Health [online]. 4(12), numero dell'articolo: e895-e896. Disponibile da: doi: 10.1016/s2214-109x(16)30217-0
• Obiettivo 3: Assicurare la salute e il benessere per tutti e per tutte le età [online], (senza data). ONU Italia. Disponibile da: https://unric.org/it/obiettivo-3-assicurare-la-salute-e-il-benessere-per-tutti-e-per-tutte-le-eta/
• United Nations, (2015). Transforming our World: The 2030 Agenda for Sustainable Development [online]. https://sustainabledevelopment.un.org/content/documents/21252030%20Agenda%20for%20Sustainable%20Development%20web.pdf. Disponibile da: https://sustainabledevelopment.un.org/content/documents/21252030%20Agenda%20for%20Sustainable%20Development%20web.pdf
• World Inequality Lab, (2022). WORLD INEQUALITY REPORT 2022 [online]. https://wir2022.wid.world/. Disponibile da: https://wir2022.wid.world/
• Worldmapper | rediscover the world as you've never seen it before [online], (senza data). Worldmapper. Disponibile da: https://worldmapper.org/
On International Health Cooperation::
• Carraro, D. e Di Paolo, P., (2022). Quello che possiamo imparare in Africa. Roma: Laterza.
• Maciocco, G. e Santomauro, F., (2017). La salute globale. Determinanti sociali e disuguaglianze. 3a ed. Roma: Carocci Faber.
• Medici con l'Africa Cuamm | La salute è un diritto battersi per il suo rispetto è un dovere [online], (senza data). Medici con l'Africa Cuamm | La salute è un diritto battersi per il suo rispetto è un dovere. Disponibile da: https://www.mediciconlafrica.org
• Moyo, D., (2011). La carità che uccide. Biblioteca Universale Rizzoli.
• WHO Director General, (2008). Primary health care - now more than ever [online]. Disponibile da: https://www.who.int/director-general/speeches/detail/primary-health-care---now-more-than-ever
On Operational Research in Health:
• Ogundahunsi, O. e Mberu Kamau, E., (2018). Implementation research toolkit. 2a ed. World Health Organization on behalf of the Special Programme for Research and Training in Tropical Diseases (TDR).

Semester

Second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS