UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

L'Assistenza Infermieristica alla Famiglia e alla Comunità nella Presa Incarico dei Pazienti Cronici Anziani e Pediatrici

2526-2-I0101D916

Aims

At the end of this elective course, students will acquire the skills to act as central figures in integrated chronic management, facilitating the connection between care and social needs of elderly and paediatric patients, and the resources available at hospital and territorial level. They will develop an interprofessional approach that takes into account recent legislative and socio-cultural developments, coordinating interventions that enhance the residual capacities of the person and actively support the family and the community in the care path.

The specific objectives of the course, defined according to the Dublin descriptors, are as follows:

1. To know and understand the responsibilities of the nurse as a central figure in linking care, social and educational needs of chronic patients (elderly and pediatric), within the Hospital-Territory network.
2. Apply knowledge to contribute to the continuity and quality of care in chronicity, valuing nursing skills in different contexts of territorial care.
3. Develop autonomy of judgment in the analysis of complex needs and in the construction of shared and personalized care paths, in integration with other professional figures.
4. Communicate effectively with the patient, family and interprofessional team, promoting a collaborative, inclusive and person-centred approach.
5. Increase the capacity to learn by stimulating a constant and critical updating on innovative care models, in response to regulatory, organisational and social changes.

Contents

The Italian NHS is laying the foundations to implement a change aimed at an appropriate and fair management of chronicity, as stated in the National Chronicity Plan and Regional Health Plan (where nurses take on a leading role).

It arises from the need to harmonize, at a national level, chronicity management activities, with the aim of promoting interventions based on a unified approach, centered on the person and oriented towards a better organization of services and full responsibility of all assistance actors. The Plan proposes new organizational models centered on integrated territorial and home care, delegating the management of acute/complex cases that cannot be managed by primary care healthcare workers to hospital care.
The "taking charge" of the citizen should take place on the basis of the Diagnostic-Therapeutic-Assistive Paths outlined for each pathology, always taking into consideration the peculiarities of each individual patient. This approach should have the aim of offering each patient the appropriate care at the right time and in the right place, receiving the assistance of healthcare professionals who, due to their role and skills, can take care of them addressing and solving health problems with a systemic and multidimensional approach.

Detailed program

Regional law 23/2015 takes care of the person with chronic pathology through the various services offered.
Discovering the Elderly: his potential and the one he takes care of:
Clinical case contextualized in RSA
Clinical case contextualized in CDA with interaction with the professionalism of the Educator
Nursing assistance in ADI: the nurse, the patient and the caregiver :
Clinical case contextualized in ADI (Pediatric) with care integration at school
Two direct testimonies from Caregivers for the pediatric and geriatric sectors

Prerequisites

Enrollment in the 2nd and 3rd year of the Nursing Degree Course

Teaching form

Lecture delivered in face-to-face mode with discussion of clinical cases

Textbook and teaching resource

- Badon, P., & Cesaro, S. (2015). Assistenza infermieristica in pediatria (2a ed.). CEA.
- Di Meo, S., Biatta, S., Fogato, G., Lamura, G., Pezzetta, S., Vivori, C., & Zanetti, E. (2018). Cap. 15 - L’educazione terapeutica e il sostegno al caregiver della persona con compromissione dell’autonomia o con necessità assistenziali complesse. In Manuale per operatori “educare alla salute e all’assistenza”. Mondadori.
- Kathol, R. G., Perez, R., & Cohen, J. S. (2014). Manuale di case management. CEA.
- Marcadelli, S., Obbia, P., & Prandi, C. (2018). Assistenza domiciliare e cure primarie. Il nuovo orizzonte della professione infermieristica. Edra.
- Mongardi, M. (2011). L'assistenza all'anziano. Ospedale, domicilio, territorio. McGraw-Hill.

Semester

second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS