UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Integrated Care Pathway for The Person With Derivative Ostomy

2526-2-I0101D920

Aims

The elective course "Integrated Path of Care for the Person with Derivative Stomia" aims to allow students to acquire theoretical-practical knowledge and develop professional skills to effectively and individually assist the person with stomia, through the understanding of the educational and care path, the application of specific management techniques, the recognition of complications, appropriate communication and the ability to self-update according to evidence and good practices.

The specific objectives, formulated in accordance with the Dublin Descriptors, are as follows:

1. Knowledge and understanding: to understand the stages of interdisciplinary therapeutic education and the care path of the person with ostomy.
2. Applied knowledge and understanding: apply correct techniques for management of the stoma and peristomal area, using appropriate educational tools.
3. Autonomy of judgment: recognize and assess early and late complications, planning appropriate care interventions.
4. Communicative skills: to communicate effectively with the person affected, family members and the team by adapting language and content.
5. Ability to learn: self-update on good practices and guidelines for ostomy management.

Contents

Describe the nurse's skills in caring for ostomy patients (colostomies and ileostomies)

Detailed program

Classification and causes of ostomy packing
The areas of competence of the ostomaterapist nurse
Characteristics and management of an ostomy:
care of the stoma and peristomal area
choice of suitable devices
prevention of early and late complications
Ostomised patient:
education before and after surgery
discharge and outpatient/domiciliary management
Experiences and perceptions of ostomy patients

Prerequisites

Enrollment in the 2nd and 3rd year of the Degree Course in Nursing

Teaching form

Teaching in presence - lectures; Discussion in plenary; Practical demonstration

Textbook and teaching resource

Saracco C. (2021) Arte e scienza dell'assistenza infermieristica in stomaterapia. Curare, prendersi cura, educare. AIOSS
AA. VV. (2019) Best Practice Guideline - Supporting Adults Who Anticipate or Live with an Ostomy – Second Edition. Toronto: Registered Nurses' Association of Ontario
Cheever J.L e L.H (2017) Brunner-Suddarth. Infermieristica medico-chirurgica. Quinta edizione. Bologna: Casa Editrice Ambrosiana.
Rastelli G., Saracco C. (2016) Atlante stomie e complicanze. Editpress

Semester

Second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY