UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Approccio Multidisciplinare: Medicina della Complessità e Cure Palliative

2526-2-I0101D146

Aims

The elective course “Multidisciplinary Approach: Complexity Medicine and Palliative Care” aims to provide students with the essential skills to deal with biopsychosocial complexity and palliative care in clinical practice.
The specific objectives of the course, defined according to the Dublin Descriptors, are as follows:

1. Knowledge and understanding:
   Understand the concepts of biopsychosocial complexity and palliative care, recognising multidimensional needs in different disease trajectories.
2. Application of knowledge:
   Apply a multidisciplinary approach to the care of the patient and his/her family, using the services of the palliative care network.
3. Autonomy of judgement:
   Critically evaluate complex clinical situations, make ethical and personalised decisions in the care pathway, including at the end of life.
4. Communication skills:
   Communicate effectively with patients, family members and team, addressing sensitive issues with sensitivity and competence.
5. Learning skills:
   Develop autonomous and reflective learning, integrating theory and practice to improve the quality of care.

Contents

Advanced economy societies are undergoing changes affecting demographic, epidemiological, social and economic aspects. Among the most significant effects is the progressive ageing of the population. An increase in life expectancy is not always accompanied by a satisfactory quality of life. Palliative care is the most appropriate

approach to pain relief and symptom control in individuals with chronic illnesses, disabilities, cognitive deficits and individual suffering. The course aims to provide multidisciplinary skills, teaching to identify fragile and complex patients, to recognize and manage palliative care needs, providing information on epidemiological data of the ageing population and on pathology-independent prognostic tools. The course provides future health professionals with knowledge on how to work in a team, how to communicate and how to involve family members.

Detailed program

• Recognize the physical, psychological, social, existential and spiritual needs of the patient and the family, as well as possible pathological frameworks related to the end-of-life condition and related symptoms
• Identify factors that promote empathic and personalized communication with the patient and/or his family
• Recognize the different emotional attitudes and responses to incurable illness, death, death, mourning
• Identifying factors that favour team work

Prerequisites

Enrolling in the 2nd-3rd year of the Bachelor’s Degree in Nursing
Enrolling in the Master’s Degree in Nursing and Midwifery Sciences

Teaching form

Face-to-face teaching – frontal lectures; group works; guided discussions.

Textbook and teaching resource

• Cure Psicosociali in medicina palliativa, a cura di L. Grassi, POLETTO EDITORE 2022, 256 pagine.
• Fondamenti di Medicina Palliativa, C. Chelazzi, R. De Gaudio, I. Iannini, G. VILLA, IDELSON-GNOCCHI 2023, 206 pagine.
• Il mondo delle cure palliative. Manuale per giovani medici. A. Turriziani, G. Zaninetta, ESCULAPIO 2020, 528 pagine.
• Libro Italiano di medicina e cure palliative, A. Caraceni, O. Corli, M. Costantini, Grassi, M. Maltoni, G. Miccinesi, P. Morino, C. Peruselli, G. Scaccabarozzi, V. Zagonel, G. Zaninetta, F. Zucco POLETTO EDITORE 2019, 732 pagine.

Semester

Second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION