

COURSE SYLLABUS

Training in Antenatal Education - 5

2526-2-I0102D119-T5

Aims

Getting to know the conducting methodologies and relational dynamics in the group of pregnant women.

Contents

The course provides the student the fundamentals to conduct antenatal classes

Detailed program

1. The relational dynamics into the group.
2. How to stimulate the discussion into the group.
3. How to stimulate the group development.
4. The active training methodologies.
5. The techniques for body activities during pregnancy

Prerequisites

none

Teaching form

Participation in a birth accompaniment course at a hospital or territorial facility

Textbook and teaching resource

S.Pairman, S. K. Tracy, H. Dahlen, L. Dixon, P. Peart, B. Pulis, Midwifery Preparation for Practice, Elsevier Health Sciences, 2023, 5nd edition.

Semester

1-2 semester

Assessment method

attendance

Office hours

on appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES
