



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Midwifery: Innovative and Evolving Areas

2526-3-I0102D913

Aims

Knowledge and understanding

To acquire advanced knowledge related to the emerging and evolving areas of midwifery, with particular attention to the scientific, technological, and organizational developments impacting the field.

Applying knowledge and understanding

To apply knowledge of the transforming areas of midwifery in clinical practice, adapting approaches, methods, and techniques to meet new care needs and innovations in the field.

Making judgements

To critically assess the impact of innovations and transformations in emerging areas of midwifery, and to make autonomous decisions that reflect the evolution of best practices and care approaches.

Communication skills

To develop communication skills to effectively convey new knowledge and competencies derived from emerging areas of midwifery to colleagues, patients, and other professionals, fostering dialogue and collaboration.

Learning skills

To adopt a continuous learning approach to monitor, understand, and integrate ongoing transformations in emerging areas of midwifery, actively participating in professional development and research initiatives.

Contents

The Role of the Midwife in the Care of the Pelvic Floor: tools for care and counselling

Detailed program

- Anatomy and functions of the pelvic floor
- Modifications in pregnancy and labour-partum
- Lifestyles and counselling in pregnancy
- Use of the Perineal Card in puerperium
- Vulvodynia: diagnosis, treatment and cure
- Proprioception and body awareness

Prerequisites

None

Teaching form

Lectures and interactive lessons with exercises aimed the acquisition of pelvic floor awareness

Textbook and teaching resource

The materials used during the course will be provided directly by the lecturer, together with hints for further study

Semester

I and II semester

Assessment method

Attendance

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
