



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Midwifery: Innovative and Evolving Areas

2526-2-I0102D913

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#### Aims

##### **Knowledge and understanding**

To acquire advanced knowledge related to the emerging and evolving areas of midwifery, with particular attention to the scientific, technological, and organizational developments impacting the field.

##### **Applying knowledge and understanding**

To apply knowledge of the transforming areas of midwifery in clinical practice, adapting approaches, methods, and techniques to meet new care needs and innovations in the field.

##### **Making judgements**

To critically assess the impact of innovations and transformations in emerging areas of midwifery, and to make autonomous decisions that reflect the evolution of best practices and care approaches.

##### **Communication skills**

To develop communication skills to effectively convey new knowledge and competencies derived from emerging areas of midwifery to colleagues, patients, and other professionals, fostering dialogue and collaboration.

##### **Learning skills**

To adopt a continuous learning approach to monitor, understand, and integrate ongoing transformations in emerging areas of midwifery, actively participating in professional development and research initiatives.

#### Contents

The Role of the Midwife in the Care of the Pelvic Floor: tools for care and counselling

## **Detailed program**

- Anatomy and functions of the pelvic floor
- Modifications in pregnancy and labour-partum
- Lifestyles and counselling in pregnancy
- Use of the Perineal Card in puerperium
- Vulvodynia: diagnosis, treatment and cure
- Proprioception and body awareness

## **Prerequisites**

None

## **Teaching form**

Lectures and interactive lessons with exercises aimed the acquisition of pelvic floor awareness

## **Textbook and teaching resource**

The materials used during the course will be provided directly by the lecturer, together with hints for further study

## **Semester**

I and II semester

## **Assessment method**

Attendance

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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