UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Human Sciences

2526-1-I0102D007

Aims

The course aims to enable students to acquire knowledge regarding the social, anthropological, and clinical-psychological aspects of the midwifery profession, to adequately contextualize their profession within a complex framework of relationships and operational networks, from a historical-anthropological perspective, and to understand individual and collective psychological mechanisms of human functioning.

1. Knowledge and Understanding
   By the end of the course, students will be able to:
   Know the fundamental principles of the social, anthropological, and clinical-psychological aspects pertinent to the midwifery profession.
   Identify the main individual and collective psychological mechanisms that influence human functioning.
2. Applying Knowledge and Understanding
   By the end of the course, students will be able to:
   Apply acquired knowledge in social, anthropological, and psychological fields to adequately contextualize their profession within complex operational networks and relational contexts.
   Utilize psychological concepts and humanistic perspectives to understand and respond to the individual and collective emotional and behavioral needs of patients and families in the obstetric setting.
3. Making Judgements
   By the end of the course, students will be able to:
   Critically evaluate the social, cultural, and psychological factors that influence health choices and patient experiences in obstetrics.
   Formulate independent and informed judgments regarding the most appropriate approaches in complex relational situations encountered in professional practice, considering diverse humanistic perspectives.
4. Communication Skills
   By the end of the course, students will be able to:
   Communicate effectively with patients, families, and multidisciplinary team members, conveying complex information related to humanistic and psychological aspects clearly and empathetically.
5. Learning Skills
   By the end of the course, students will be able to:

Develop the learning skills necessary to autonomously continue their professional and personal development in the human sciences, staying updated on new research and best practices in the social, anthropological, and psychological aspects of midwifery.
Reflect critically on their own professional practice from a humanistic perspective, identifying areas for continuous improvement and personal development.

Contents

Topic of the Human Sciences course is to give students an overview of the anthropological, social and psychological aspects of health care professions.

Detailed program

CLINICAL PSYCHOLOGY - The difficult patient and personal narrative; Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative); Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.; The placebo effect and the implications for the relationship with the patient; the mechanisms by which the placebo effect acts; Traumatic experiences and their impact on mental functioning. ANTHROPOLOGY - Medical anthropology, human health and disease; social processes and cultural representations of health, illness and related nursing/care practices; Disease, Illness and Sickness; narrative medicine: general principles; popular medicine and health anthropology in the developing countries. SOCIOLOGY - History of sociology; Perspectives on sociology; Health and everyday life; Health inequalities

Prerequisites

Teaching form

Frontal in-person lectures, small group activities with final written report.

Textbook and teaching resource

CLINICAL PSYCHOLOGY: Liotti G., Fassone G., Monticelli F. (2017). L’evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3; Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44; Benedetti F. (2018). L’effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore. SOCIOLOGY - Donati P.P. (2006) Sociologia, CEDAM, Padova, ISBN-13: 9788813263119; Smelser N.J. (2011) Manuale di sociologia, Il Mulino, Bologna, ISBN: 9788815232502; Toni R., Sociologia per infermieri, Piccin, Padova, ISBN: 978-88-299-1043-4; Beccaria F., Morchi M.G., La salute possibile – Manuale di sociologia per infermieri, Carocci Faber, Roma, ISBN: 9788874661046; Bucchi M., Neresini F. (a cura di) Sociologia della salute, Carocci, Roma, ISBN: 9788843018147; Colozzi, I. (1995) Famiglia reti informali e terzo settore, in: Sanicola L. (a cura di) Reti sociali ed intervento professionale, Ed. Liguori, Napoli; Di Nicola, P. (1987) Il ruolo delle reti sociali primarie nel controllo della malattia e protezione della salute, in Donati P. (a cura di) Manuale di sociologia sanitaria, La Nuova Italia Scientifica, Roma;

Colozzi, I. (2002) Le nuove politiche sociali, Carocci, Roma, cap. 2 - Il terzo settore, e cap. 3 - Il principio di sussidiarietà; Sanicola L. (2002) La famiglia, risorsa per l'uomo, in Id., Il dono della famiglia. L'affido, oltre l'educazione "assistita", Ed. Paoline, Milano. ANTHROPOLOGY - Pizza G., Antropologia medica. Saperi, pratiche e politiche del corpo. Carocci ed.; Fainzang S., Farmaci e società. Il paziente, il medico e la ricetta. Franco Angeli ed.; Quaranta I. (a cura di) Antropologia medica. I testi fondamentali, Raffaello Cortina Ed.

Semester

1 year - 2 Semester

Assessment method

Written examination with multiple choice, fill in the blank and open ended questions. The exam is unitary and each module contribute to the overall grade.

Office hours

All the teachers are available by appointment (online and in-person);
details on how to contact every professor are available on modules' page.
To contact the coordinatore of the integrated course:
by appointment: marco.bani1@unimib.it
online or in presence (Building U38, 5° floor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES