



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology - 1

2526-1-I0102D007-I0102D023M-T1

Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;
Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;
Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);
Knowing how to describe the placebo effect in relational context and the mechanisms through which it acts
Knowing how to describe the concept of trauma e its implications in obstetric setting
To be able to apply the presented constructs to relational and communicative situations with patients and within a team

Contents

The difficult patient and personal narrative

Relationship, observation and communication

Interpersonal motivational systems

Attachment and relationship with patients

The placebo effect

Trauma

Detailed program

The difficult patient and personal narrative.

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

The placebo effect and the implications for the relationship with the patient; the mechanisms by which the placebo effect acts

Traumatic experiences and their impact on mental functioning

Prerequisites

None

Teaching form

The course is structured into four 2-hour lessons, with a frontal lecture in the first part. The subsequent part aims to involve students interactively through group discussions of professional situations, the compilation of questionnaires to reflect on one's professional approach (using wooclap). All activities are carried out in presence

Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44

Benedetti F. (2018). L'effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore

Some suggested supplementary material will be uploaded on the e-learning platform

Semester

1 Year - 2 Semester

Assessment method

Written test: 10 "fill in the blank" questions on topics presented at lesson.
The score will contribute to the overall evaluation of the integrated course

Office hours

by appointment: marco.bani1@unimib.it
online or in presence (Building U38, 5° floor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES
