



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Clinical Training 3

2526-3-I0201D120

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#### Aims

Promote actions to maintain health and prevent disability

Identify rehabilitation need in reference to the physical, psychological and social sphere, susceptible to functional recovery

Formulate physiotherapy treatment program, identifying appropriate modalities and scores

Achieve treatment according to rehabilitation project objectives

Re-evaluate the outcomes of any interventions/treatment/education

#### Contents

Identify patient's functional capacity and their needs in relation to specific contexts, specifying resources, critical issues, possible environmental and social barriers

#### Detailed program

Identify the person's treatment and rehabilitation needs with reference to the physical, psychological and social spheres, susceptible to functional recovery

Formulate the rehabilitation assessment

Plan the physiotherapeutic treatment program, identifying appropriate modalities, defining parameters of the intervention in agreement with the patient

Implement the rehabilitation intervention according to the goals of the rehabilitation project  
Verify the overall effectiveness of the rehabilitation project  
Formulate the therapeutic education project for the person assisted/care givers  
Reflect on one's professional practice with the aim of learning from experience  
Reflect on one's own professional practice with the purpose of learning from experience  
Take charge of the person according to ethics and professional ethics

(Scheda di valutazione)

## **Prerequisites**

Health Suitability and Safety Training as per the Regulations (81/2008)

## **Teaching form**

Learning by experience. Practical activities on patients with guided/supervision

## **Textbook and teaching resource**

clinical cases

## **Semester**

annual

## **Assessment method**

Mean of  
Assessment forms  
Report  
Project work

Clinical examination: presentation of a clinical case (history, initial assessment, outcomes), discussion about clinical reasoning, practical exemplification of treatment

## **Office hours**

By appointment

antonella.martinelli@unimib.it and referral mentors

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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