UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Traineeship II

2526-2-I0201D142

Aims

During the second-year internship, the student is expected to:

Develop practical skills, under the supervision of clinical tutors, in the following activities:

collection of anamnesis and observational data;

functional assessment;

formulation of treatment goals;

implementation of functional re-education and physiotherapy interventions for the main dysfunctions eligible for rehabilitation.
(DdD 2 – Applying knowledge and understanding)

Take charge of the patient in accordance with ethical and professional standards, engaging in critical reflection on their own clinical practice.
(DdD 3 – Making judgments)

Carry out physiotherapy treatment in line with the rehabilitation plan, defining, monitoring, and evaluating treatment goals.
(DdD 2 and 3)

Use effective and appropriate communication strategies when interacting with patients, caregivers, and other healthcare professionals.
(DdD 4 – Communication skills)

Plan personal learning and self-directed learning objectives, considering the resources available in the educational setting.

(DdD 5 – Learning skills)

Contents

Identify patient's functional capacity and their needs in relation to specific contexts, specifying resources, critical issues, possible environmental and social barriers

Detailed program

dentify the person's treatment and rehabilitation needs with reference to the physical, psychological and social spheres, susceptible to functional recovery
Formulate the rehabilitation assessment
Plan the physiotherapeutic treatment program, identifying appropriate modalities, defining parameters of the intervention in agreement with the patient
Implement the rehabilitation intervention according to the goals of the rehabilitation project
Verify the overall effectiveness of the rehabilitation project
Formulate the therapeutic education project for the person assisted/care givers
Reflect on one's professional practice with the aim of learning from experience
Reflect on one's own professional practice with the purpose of learning from experience
Take charge of the person according to ethics and professional ethics

Prerequisites

Health Suitability and Safety Training as per the Regulations (81/2008)

Teaching form

Activities will take place in hospital wards, outpatient clinics, and healthcare facilities, under the supervision of assigned clinical tutors and coordinated by a faculty member acting as Coordinator of Professionalizing Activities and Clinical Internship.

Practical training methods include:

Workshops and laboratory sessions, written reports (assessment);

Briefing and debriefing sessions;

Work-based learning: practical activities with patients under guidance/supervision (student evaluation form).

Textbook and teaching resource

clinical cases

Semester

Annual

Assessment method

Mean of
Assessment forms
Report

Clinical examination: presentation of a clinical case (history, initial assessment, outcomes), discussion about clinical reasoning, practical exemplification of treatment

Office hours

By appointment

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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY