UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Development of The Associative Functions

2526-3-I0201D145-I0201D229M

Aims

Provide basic concepts of psychology, relationships, and trauma.
• Understand the morphological, biochemical, physiological, and social factors that contribute to determining individuals' health status, also from a gender perspective, in the face of the body's betrayal inherent in illness.

Contents

trauma, empathy, effective communication, stress

Detailed program

Verbal and non-verbal communication and the time spent with patients, how to create empathy, knowing how to listen, and thereby better understanding the needs of the sick. How to prevent delicate situations, manage and enhance stress. Acquire familiarity with the most common tools that make communication effective (active listening, questioning technique, awareness of non-verbal language, tones of voice, tension and conflict management). Post-traumatic stress disorder.

Prerequisites

basal skills of psychology

Teaching form

frontal and exercitations

Textbook and teaching resource

handouts

Semester

1st semester

Assessment method

Examination of a narrated clinical case and request for commentary with open-ended questions as a guide.

Office hours

by appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING